



**ACE RMO Intake  
2022 Training Year  
Employer Information Sheets**

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# Northland DHB

## Contact

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**Website:** [Northland DHB](#)

**Phone:** 09 430 4101 x 7401

## Why Choose Northland DHB?

Choose Whangarei for the first step of your medical career. Be close to the action with small teams, a wide variety of services and plenty of opportunities to learn and improve. Make Whangarei your home for two years or more and spend time in the highly regarded Emergency department, Paediatrics or as an O&G house officer working side by side with consultants. Work in an environment that is about supporting your development. Get to work alongside specialists, be able to access support for further study and take advantage of a workplace that rewards those who want to go above and beyond.

## On-Site

- RMO lounge
- On-site clinical library
- Free on-site 24/7 staff gym
- Free on-site seasonal outdoor swimming pool
- On-site cafeterias

<https://www.facebook.com/NorthlandDHB>

<http://www.northlanddhb.org.nz>

## Attractions to the Region

Northland's residents indulge year-round in numerous recreational activities, including fishing, diving, canoeing, tramping and surfing, as well as all the usual leisure and sporting activities. Other activities include, walking/hiking, horse riding, a whole variety of sports and tourist-based activities from tandem skydiving through to dune surfing and quad biking and some of the best golf courses in New Zealand.

<http://www.northlandnz.com/>

## Selection Criteria

Applicant interviews are at applicant request please consider the criteria below:

- Your reasons for choosing Northland DHB
- What do you see as the benefits of training away from a large training centre?
- In Northland there are significant inequities in health outcomes between Māori & Pākehā, what changes to the health system can most reduce the health inequities suffered by Māori?
- How will you contribute to healthcare in Northland
- Cover Letter Essential. Include a summary on the above criteria
- Consideration of ACE scoring

**Interviews:** For a phone or Face to Face interview Contact the RMO Unit to organise on (09) 430 4101 extension 7401 or Email: [RMO.Unit@northlanddhb.org.nz](mailto:RMO.Unit@northlanddhb.org.nz). Interviews must be conducted before ACE closes. Please refer to the DHB information selection criteria.

## Positions Available

The exact number of positions expected per DHB will be released on the ACE RMO website and ACE RMO Facebook page during 2021.

## PGY1 Runs

- General Medicine
- Renal Medicine
- General Surgery/ Orthopaedics
- Urology
- Oncology
- Assessment & Rehabilitation

## PGY2 Runs

- As above +
- Assessment & Rehabilitation
- Community Based Attachments in Rural Hospital Medicine, Palliative care or General Practice
- ENT
- Emergency Medicine
- Obstetrics & Gynaecology
- Ophthalmology
- Paediatrics
- Psychiatry
- Relief

## Late Starts

Late starts for PGY1's may be accommodated at the discretion of our DHB. Please note that our ability to facilitate late starts is dependent on a number of factors and may not be able to be confirmed until later in the year.

## Vocational Training

Northland DHB is committed to training with support for courses, diplomas and study.

- Anaesthesia
- Emergency Medicine
- ENT/ORL
- General Medicine
- General Surgery
- Geriatrics
- Intensive Care
- Orthopaedics
- Paediatrics
- Psychiatry
- Renal
- Urology

Training in a regional centre provides excellent “hands on”, well supervised training. Whangarei has close links with Auckland hospital which provides tertiary care and many sub-specialists do outreach clinics in Whangarei. There are also close links with tertiary centres for educational purposes. There are positions available for basic and advanced trainees with college accredited Registrar training jobs in most specialties.

### **Regular House Officer Teaching**

PGY1 teaching is scheduled twice weekly on a Tuesday and Thursday for 1.5 hours.

### **Rosters**

Rosters vary across the specialities however PGY1's allocated on Medical or Surgical based attachments. On average you will work:

- 1 Long day per week
- 1-2 Short day weekends
- 1-2 Long Day weekends
- 7-11 night shifts per attachment worked in blocks of 4 and 3 nights

### **PGY1 Average Pay 2022**

- Medical and Surgical Based runs are C or D category
- NDHB is currently a hard to staff community under the Voluntary Bonding Scheme

## Auckland Regional DHB's

Covering Auckland, Counties Manukau and Waitematā DHB's

### Contact

**Koralee Swete:** House Officer Recruitment and Allocations Consultant

**Email:** [Koralee.Swete@nra.health.nz](mailto:Koralee.Swete@nra.health.nz)

**Phone:** 09 631 0707 x 39716

**Melody Li:** House Officer Recruitment and Allocations Consultant

**Email:** [Melody.Li@nra.health.nz](mailto:Melody.Li@nra.health.nz)

**Phone:** 09 631 0707 x 39721

**Website:** [Auckland Doctors](#)

### Why Choose the Auckland Regional DHB's?

Auckland offers the largest DHB's with the greatest range of sub specialities and national clinic leaders with a strong tradition of clinical education and teaching support with protected training since 1999.

### Attractions to the Region

Auckland, known as the "City of Sails" enjoys the vibrancy of an urban lifestyle alongside the tranquil settings of parks and beaches. With a population of 1.3 million people, Auckland has a bustling centre with activities galore, from international concerts and sporting events to cultural festivals and celebrations. Auckland is the largest Polynesian city in New Zealand with a dynamic mix of Māori (indigenous people of New Zealand), European, Pacific Island and Asian cultures.

Uniquely set between two harbours, amongst 11 extinct volcanoes and numerous islands in the Hauraki Gulf, Auckland offers dozens of beaches to enjoy within minutes of the city - or you can venture a little further afield to sail the harbour or explore the wild West Coast surf beaches. Whether you are looking for extreme adventure or a quiet morning coffee and a browse in the local market, there's always something to do in Auckland.

With a temperate climate and plenty of sunshine, Auckland enjoys long warm summers and relatively mild winters. Enjoy an outdoor lifestyle all year round with after work and weekend social and competitive sports clubs or build a deck and enjoy barbeques with your new friends!

- CBD and bustling waterfront – restaurants, cafes, pubs and clubs
- Community events – free outdoor cinema, music events, farmers market
- Wide variety of ethnic food, local wine, beer and culture
- Access to harbour islands, e.g. Waiheke and Rangitoto
- Museum, art gallery, Sky Tower, theatre

### Selection Criteria

- CV – Recommend key information from cover letter to be in the personal summary of CV
- Optional Cover Letter
- References submitted online via ACE
- Consideration of ACE scoring
- PVT Selection and Allocation Policy including preferential pathways and Fit for Purpose Practitioner model

## Positions Available

The exact number of positions expected per DHB will be released on the ACE RMO website and ACE RMO Facebook page during 2021.

### PGY1 Runs

- General Medicine
- Orthopaedics
- Vascular
- General Surgery
- Psychiatry
- Renal
- Geriatrics
- Urology
- Cardiology
- ORL/ENT
- Neurosurgery
- Neurology
- Respiratory
- Haematology

### PGY2 Runs

- As above +
- CTSU
- Oncology
- Ophthalmology
- Gastroenterology
- O&G
- ED
- Paediatrics
- NICU
- Community based attachments

### Late Starts

Late starts for PGY1's may be accommodated at the discretion of our DHB. Please note that our ability to facilitate late starts is dependent on a number of factors and may not be able to be confirmed until later in the year.

### Vocational Training

Anaesthesia; Emergency Medicine; Medicine and Sub-Specialities; Cardiology; Dermatology; Diabetes; Endocrinology; Gastroenterology; Geriatrics; Haematology; Infectious Diseases; Immunology; Intensive Care; Neurology; Obstetric Medicine; Oncology; Palliative Care; Renal; Respiratory; Rheumatology; Intensive Care Medicine; Obstetrics & Gynaecology; Ophthalmology; Paediatrics; Pathology; Psychiatry; Public Health; Radiology; Sexual Health; Surgery and Sub-Specialties; Orthopaedics; Paediatric Surgery; Urology; Neurosurgery; ORL Plastic Surgery; Cardiothoracic Surgery; Vascular Surgery and General Surgery.

## Regular House Officer Teaching

- Weekly teaching session on a Tuesday
- ALERT course
- Clinical Research
- Communication, Clinical and Procedural workshops

## Rosters

**Medical Runs** – most consist of

- 1 Long day per week (0800-2230)
- 1 in 3 or 1 in 4 weekends (0800-2230 and 0800 – 1600)
- 1 in 5 night duties worked in sets of 3 and 4 consecutive nights

**Surgical Runs** – most consist of

- 1 Long days per week (0800-2230) 1 in 3 weekends
- 1 in 3 or 1 in 4 weekends (0800-2230 and 0800 – 1600)
- 1 in 5 night duties worked either in sets of 3 or 4 consecutive nights

## PGY1 Average Pay 2022

Pay categories are specific to run allocation, DHB, and MECA.

- NZRDA: Average Medical and Surgical Runs – B, C or D MECA run categories (\$86,592)
- STONZ: Average Medical and Surgical Runs – B, C or D MECA run categories (\$92,900)

Pay categories can be found in the job description via the link below.

- NZRDA: <http://www.aucklanddoctors.co.nz/rmos/currentemployees/nzrdarundescriptions/>
- STONZ: <http://www.aucklanddoctors.co.nz/rmos/currentemployees/stonzrundescriptions/>

## Waikato DHB

### Contact

**Khaliah Tapu:** Waikato DHB RMO Support Service

**Email:** [Khaliah.Tapu@waikatodhb.health.nz](mailto:Khaliah.Tapu@waikatodhb.health.nz)

**Phone:** 07 839 8875 or 07 858 0946

### RMO Support Service

**Email:** [RMOSupportService@waikatodhb.health.nz](mailto:RMOSupportService@waikatodhb.health.nz)

**Website:** [Waikato DHB](#)

### Why Choose Waikato DHB?

A few years ago we surveyed our house officers and asked them why they had chosen Waikato DHB. These were some of their top reasons for wanting to further their careers here:

- *Excellent senior and junior teaching staff*
- *Supportive atmosphere with friendly and flexible working environments*
- *Wide range of specialties on one campus – loads of opportunities to learn procedures*
- *Friendly & helpful RMO Support Service dedicated to working with and for you*
- *Availability of good, affordable accommodation close to the hospital*
- *Fantastic lifestyle*
- *On average, less demand on your time after-hours and at weekends than other hospitals*

### Attractions to the Region

- Beaches
- Skiing
- River – rowing [Lake Karapiro]
- Cycling - Avantidrome
- University
- Fieldays
- Hamilton Gardens
- Balloons over Waikato
- International Rugby 7's

### Selection Criteria

Waikato DHB uses both the scoring criteria established by ACE, as well as a set of DHB specific criteria (Whānau/ family connections, TI or medical attachments completed here).

### Positions Available

The exact number of positions expected per DHB will be released on the ACE RMO website and ACE RMO Facebook page during 2021.

### PGY1 Runs

- General Medicine
- Orthopaedics
- Cardiology
- Plastics
- General Surgery
- Haematology

- Rehabilitation
- Mental Health
- Respiratory
- Neurology
- Urology
- Geriatrics

### PGY2 Runs

- As above +
- ICU/HDU/ED
- Surgical Reliever
- Cardiothoracic
- Medical Reliever
- Vascular
- ENT
- Anaesthetics
- Renal
- Gastro
- Paediatric Medicine
- Thames Rural hospital
- O&G
- Community Practice including Rural placements, GP and A&M
- Gastroenterology
- Neurosurgery

### Late Starts

Late starts for PGY1's may be accommodated at the discretion of our DHB. Please note that our ability to facilitate late starts is dependent on a number of factors and may not be able to be confirmed until later in the year.

### Vocational Training

Vocational training is offered in all speciality services except neurosurgery.

### Regular House Officer Teaching

Weekly teaching session on a Tuesday (this is protected teaching time with pagers being held for the duration of the teaching).

### Rosters

Rosters vary across the specialities however to give you an idea on average you will work:

**Medical and Surgical:** Clinical attachments mostly consist of:

- 8 - 13 long days per quarter (0800 - 2230)
- Up to 3 weekends per quarter (0800 - 2230 and 0800 - 1600)
- Medical attachments - 1x set of 7 night duties per quarter (3/4 split ) in the second 6 months only may be rostered
- Surgical attachments – nights are split and rostered on a 3/4 split basis = 1 set of nights; one set of nights may be rostered per quarter in the second 6 months only

**Mental Health**

- Cover the medicine after hours roster, so 10x long days and 3x weekends per quarter
- No nights

**Haematology**

- 4x long days per quarter (0800-2230)
- 4x weekends per quarter (0800-1200 'on duty' then 'on call' from 1200-2230)
- 1x set of 7 night duties (3/4 split ) in the second 6 months only may be rostered

**Weekend Rosters:** Rosters vary across specialties but in general terms:

- Medical clinical attachments – up to 3x weekends per quarter (Mental health PGY1s cover on the medicine & respiratory after hours roster)
- Surgical clinical attachments – up to 2x weekends per quarter

**PGY1 Average Pay 2022**

During the first 6 months, we do not roster PGY1s on to nights, so their run categories reflect this:

- Mental Health and Rehabilitation = D \$77343
- Medical and surgery runs range from Category C's in the first 6 months to Category B's in the second 6 months \$87,435 - \$97,523 when they may be rostered to night duties

# Bay of Plenty DHB – Tauranga Hospital

## Contact

**Jan Simeon:** Medical Staffing Unit Coordinator

**Email:** [jan.simeon@bobdhb.govt.nz](mailto:jan.simeon@bobdhb.govt.nz)

**Phone:** 07 579 8542

**Website:** [Bay of Plenty DHB](#)

## Why Choose Tauranga Hospital?

- Good supervision, well supported
- Small enough to be inclusive and big enough to see a wide variety of patients
- Great location

## Attractions to the Region

- Location, location, location!
- Climate & Beaches
- Proximity to other regions

## Selection Criteria

- Mandatory Cover Letter and CV
- Interview process for shortlisted candidates

## Positions Available

- 28 PGY1 positions available
- PGY2 and SHO positions will be advised at the commencement of the advertising campaign

## PGY1 Runs

- General Medicine
- Health in Aging
- Psychiatry
- General Surgery
- Orthopaedics (2nd quarter on)

## PGY2 Runs

- As above +
- Emergency
- Cardiology & Oncology
- O & G
- Paediatrics
- ENT/Dental
- Urology/Ophthalmology
- Relief

## Late Starts

Late starts for PGY1's may be accommodated at the discretion of our DHB. Please note that our ability to facilitate late starts is dependent on a number of factors and may not be able to be confirmed until later in the year.

## **Vocational Training**

All runs at Tauranga Hospital are accredited towards vocational training.

## **Regular House Officer Teaching**

- Dedicated Teaching Wednesdays & Thursdays
- Grand Round Tuesday
- Weekly Service based teaching

## **Rosters**

Rosters vary across the specialities however to give you an idea on average you will work:

- 1- 2 long days per week
- Split nights (4:3)
- PGY1's do not work night duties in the first 6 months
- Weekend runs consist of 1:4 to 1:5 average (inclusive of night duty allocation)

## **PGY1 Average Pay 2022**

- PGY 1 & 2 dedicated runs are remunerated at Category C
- Reliever runs are Category A

# Bay of Plenty DHB – Whakatāne Hospital

## Contact

**Jan Simeon:** Medical Staffing Unit Coordinator

**Email:** [jan.simeon@bobdhb.govt.nz](mailto:jan.simeon@bobdhb.govt.nz)

**Phone:** 07 579 8542

**Website:** [Bay of Plenty DHB](#)

## Why Choose Whakatāne Hospital?

- 110 bed hospital
- Good supervision and well supported
- Opportunities to learn directly from Consultants
- Good location and the best beach in NZ!

## Attractions to the Region

- Over the hill to Ohope!
- Beaches
- Lifestyle

## Selection Criteria

Mandatory Cover Letter and CV

## Positions Available

The exact number of positions expected per DHB will be released on the ACE RMO website and ACE RMO Facebook page during 2021.

## PGY1 Runs

- General Medicine
- Psychiatry
- General Surgery
- Orthopaedics (2nd quarter on)

## PGY2 Runs

- As above +
- Emergency - Accredited for Rural Medicine Trainees
- O&G - Accredited for Rural Medicine Trainees
- Paediatrics - Accredited for Rural Medicine Trainees

## Late Starts

Late starts for PGY1's may be accommodated at the discretion of our DHB. Please note that our ability to facilitate late starts is dependent on a number of factors and may not be able to be confirmed until later in the year.

## Vocational Training

Accredited for ED, O&G & Paediatrics for Rural Medicine Trainees.

### **Regular House Officer Teaching**

Daily RMO teaching 12pm – 1pm.

### **Rosters**

Rosters vary across the specialities however to give you an idea on average you will work:

- Most runs consist of 1- 2 long days per week. PGY1's do not work night duties in the first 6 months
- Weekend runs consist of 1:4 average (inclusive of night duty allocation)

### **PGY1 Average Pay 2022**

- PGY 1 & 2 dedicated runs are remunerated at Category C
- Reliever runs are Category A

# Tairāwhiti DHB

## Contact

**Natalie Atkinson:** RMO Coordinator

**Email:** [Natalie.Atkinson@tdh.org.nz](mailto:Natalie.Atkinson@tdh.org.nz)

**Phone:** 06 869 0500 x 8026

**Website:** [Tairāwhiti DHB](#)

## Why Choose Tairāwhiti DHB?

Learn and experience what real doctors do from your very first year here with lots of hands-on experience under the guidance of our fantastic supportive SMO team. Be part of a close tight-knit team who end up being your family, sharing beachside accommodation at reasonable cost. Enjoy your early morning surf and sunny bike ride to work. Fire up that BBQ and enjoy the relaxed, sunny and beautiful coastal town that is Gizzy!!

## Attractions to the Region

- Great summer weather
- Outdoor Lifestyle and Activities (including Hunting, Fishing, Hiking, Mountain Biking, Surfing, Boating etc.)

## Selection Criteria

- Good Cover Letter and CV (both Mandatory)
- Local connections/ family/ friends in region or neighbouring regions/towns, been to Gisborne region on attachment (factors considered but not essential)
- Hard-working, reliable and team player
- Interests in line with what Gisborne offers

## Positions Available

The exact number of positions expected per DHB will be released on the ACE RMO website and ACE RMO Facebook page during 2021.

## PGY1 Runs

- General Medicine
- General Surgery
- Orthopaedics/ENT
- Repeat of either Gen Medicine or Gen Surgery

## PGY2 Runs

- Paediatrics
- Emergency
- Anaesthetic/Emergency
- Reliever
- Community Based Attachments (G.P in town OR Public Health/Rural G.P OR Mental Health)

## Late Starts

Late starts cannot be facilitated at our DHB. Successful applicants are required to commence work at the start of the training year in January.

## **Vocational Training**

- Rural Hospital Medicine Training
- Basic Surgical Training (Dept. RACS accredited)
- Basic and Advanced RACP Physician Training
- Advanced Paediatric Training

## **Regular House Officer Teaching**

- Weekly Protected H.O Teaching (1hr)
- Grand Rounds (every week)
- Departmental Teaching (journal clubs, department grand rounds etc. and daily one-on-one teaching)

## **Rosters**

Rosters vary across the specialities however to give you an idea on average you will work:

- Safe Hours Rostering – No nights at all in 1st year
- 10 days on and 4 days off (when working weekends)

## **PGY1 Average Pay 2022**

- \$92,200 - Category D
- 50-54.9 average weekly hours
- Non-Urban: Non-Shift House Officer Salary Scale SToNZ MECA – 10 December 2020 – 13 December 2021

# Lakes DHB

## Contact

**Carleen Dahya:** Medical Staffing Recruiter

**Email:** [carleen.dahya@lakesdhb.govt.nz](mailto:carleen.dahya@lakesdhb.govt.nz)

**Phone:** 07 349 7955 x 8711

**Julie Gibbs:** RMO Unit Manager

**Email:** [Julie.gibbs@lakesdhb.govt.nz](mailto:Julie.gibbs@lakesdhb.govt.nz)

**Phone:** 07 349 7955 x 8941

**Website:** [Lakes DHB](#)

## Why Choose Lakes DHB?

- Friendly & supportive atmosphere
- Modern facilities, short commute, FREE parking, Secure bicycle storage
- Gain hands-on experience in a wide range of clinical conditions
- Easy access to outdoor activities like kayaking and mountain biking

## Attractions to the Region

Short commute to work, Mountain Biking, Lakes, Fishing, Lugging, Beaches, skiing, Māori culture, Tramping, Mountains, White Water Rafting

## Selection Criteria

- Preference to a personalised cover letter
- CV or Resume/Photo
- Personal or family connection to the Lakes DHB area
- Consideration of ACE scoring
- References from Supervisors
- Keen interest in working at Lakes DHB (i.e. visited prior to applying)

## Positions Available

The exact number of positions expected per DHB will be released on the ACE RMO website and ACE RMO Facebook page during 2021.

## PGY1 Runs

- General Medicine
- Psychiatry
- General Surgery
- Community Psychiatry
- Orthopaedics/ ENT
- Community General Practice
- Geriatrics/Rehabilitation
- Community Taupō Hospital

## PGY2 Runs

- As above +
- ICU/Anaesthetics
- Emergency Medicine

- Orthopaedics/ENT
- Paediatrics
- Obstetrics & Gynaecology
- Reliever Runs

### Late Starts

Late starts cannot be facilitated at our DHB. Successful applicants are required to commence work at the start of the training year in January.

### Vocational Training

General Surgery; Anaesthetics; Psychiatry; General Medicine; Radiology; Paediatrics; Ophthalmology; Orthopaedics and Obstetrics & Gynaecology.

### Regular House Officer Teaching

- Weekly teaching sessions
- Department teaching
- Grand Rounds

### Rosters

Rosters vary across the specialities however to give you an idea on average you will work:

**Medical Runs** – Most consist of

- 1 long day in 5
- 1 in 5 weekends (0800-2300 each weekend day)
- 2 - 3 sets of split nights per quarter
- Nights not worked in first 6 months as a PGY1

**Weekend Rosters**

- Medicine – On average 1 in 3 weekends are rostered
- Surgery – On average 1 in 3 weekends are rostered

### PGY1 Average Pay 2022

Category D – non urban - Union dependant

\$79,663 RDA

\$92,200 SToNZ

## Hawke's Bay DHB

### Contact

**Michelle Deacon:** RMO/SMO Recruitment Consultant

**Email:** [Michelle.Deacon@hawkesbaydhb.govt.nz](mailto:Michelle.Deacon@hawkesbaydhb.govt.nz)

**Phone:** 06 878 8109 x 5887

**Website:** [Hawke's Bay DHB](#)

### Why Choose Hawke's Bay DHB?

Hawke's Bay Hospital is a 400 bed secondary hospital located in Hastings. All specialities are on site (except Cardiothoracics, Plastics and Neurosurgery).

Serving a regional population of approximately 160,000, Hawke's Bay Hospital is one of the country's largest provincial hospitals and has a key role in providing a high level of care to the wider Hawke's Bay, Wairoa and Central Hawke's Bay.

Hawke's Bay District Health Board offers a wide range of services, including sub-specialities as follows

- General Medical including Respiratory, Neurology, Cardiology, Infectious Disease, Endocrinology, Dermatology, Gastroenterology, Rheumatology, Gerontology and Nephrology
- Surgical and Orthopaedic - including runs in Ophthalmology, ENT, Urology, Gynaecology, Maxillofacial and Dental
- Paediatric and neo-natal services
- Intensive Care Unit, HDU and Coronary Care
- Emergency Department
- Radiology
- Operating Theatres and Anaesthetics
- Dental and Public Health Service
- Mental Health and Addiction Services

### Attractions to the Region

We are big enough to offer variety, challenge, quality learning and development opportunities and collegial support. At the same time we are small enough that friendships flourish, commuting can be fun (nearly 200km of cycle trails connect the main centres of Napier, Hastings and Clive) and we take your work/leisure life balance seriously (supporting staff wellness is an organisational KPI).

The combination of fantastic weather, stunning scenery, beaches, world-class trout-fishing, easy access to the outdoors and the Central Plateau ski fields, established food and wine experiences and a high performing hospital make Hawke's Bay an ideal work/lifestyle destination.

Our region has a population of close to 160,000 people, most of who reside in or around the twin cities of Hastings and Napier. There is a strong sense of community in Hawke's Bay, and whatever your interest, chances are there will be clubs and community organisations who will offer you a warm welcome. Restaurants, cafés, arts and cultural activities rival those on offer in bigger centres.

Hawke's Bay is only four hours' drive from Wellington, five hours drive to Auckland, and an hour and half to Taupō with its famous trout fishing lake, rivers, ski fields and resorts.

## Selection Criteria

- Mandatory Cover Letter and CV
- Consideration of ACE scoring (for PGY1 applicants)

## Positions Available

The exact number of positions expected per DHB will be released on the ACE RMO website and ACE RMO Facebook page during 2021.

## PGY1 Runs

- General Medicine
- General Surgery
- Assessment & Rehab
- ENT/Dental/Ophthalmology
- Orthopaedics
- Urology
- Renal
- Relief (4th quarter only)

## PGY2 Runs

- As above +
- Emergency Medicine
- Obstetrics & Gynaecology
- Paediatrics
- Community – Urgent Care/Palliative Care/General Practice
- Psychiatry

## Late Starts

Late starts cannot be facilitated at our DHB. Successful applicants are required to commence work at the start of the training year in January.

## Vocational Training

Diplomas in Obstetrics & Gynaecology and Paediatrics. Basic and Advanced training in:

- Anaesthetics
- ICU
- Emergency Medicine
- Medicine
- Obstetrics & Gynaecology
- Paediatrics
- Psychiatry
- Surgery (General Surgery, Orthopaedics, Vascular and Urology)

## Regular House Officer Teaching

- Informal teaching
- Formal teaching – Grand Rounds, Clinical meetings within specialities, Pathology meetings, Clinico-Radiology meetings and weekly teaching sessions.

## Rosters

Rosters vary across the specialities however to give you an idea on average you will work:

- 3-4 weekend per quarter
- 1-2 rostered evenings per week
- 1-2 weeks of night shift per quarter (1st years do not do Nights until the 3rd quarter)
- Number of weekends rostered on average: 3-4 weekends per quarter

## PGY1 Average Pay 2022

- All 1st year runs are paid at Category C Non-Urban Scale of the MECA
- Relief runs are paid at Category A

# Taranaki DHB

## Contact

**Charles Hunt:** Recruitment Manager

**Email:** [charles.hunt@tdhb.org.nz](mailto:charles.hunt@tdhb.org.nz)

**Phone:** 06 753 6137 x 8464

**Jackie Sewell:** RMO Unit Manager

**Email:** [jackie.sewell@tdhb.org.nz](mailto:jackie.sewell@tdhb.org.nz)

**Phone:** 06 753 6139 x 8531

**Website:** [Taranaki DHB](#)

## Why Choose Taranaki DHB?

Taranaki DHB is a great place to work and learn. Junior staff find that the hospital provides a very supportive and friendly working environment. We have a stable Consultant and experienced nursing base to help through those tricky times.

You really get to know everyone and you get enough time off to enjoy the lifestyle. New Plymouth itself is a vibrant and progressive city and Taranaki is a province with virtually unlimited opportunities for recreation. People love living here.

## Attractions to the Region

- Beaches
- Mountain Biking
- Surfing
- Kite Surfing
- Hiking
- Water sports
- Fishing
- Entertainment and arts
- Endless outdoor opportunities
- Easy relaxed lifestyle

## Selection Criteria

- A cover letter with your application is expected and is your opportunity to stand out
- Formal interviews are not conducted
- ACE scoring is taken into account with different selection panel members placing their own weighting to each criterion
- Taranaki DHB are looking for applicants with good communication skills who work well in a team and are motivated with a genuine interest in working at Taranaki DHB

## Positions Available

The exact number of positions expected per DHB will be released on the ACE RMO website and ACE RMO Facebook page during 2021.

## PGY1 Runs

- General Medicine
- Orthopaedics
- General Surgery

## PGY2 Runs

- As above +
- Emergency
- Medical
- Admitting/Relief
- O&G
- Paediatrics
- Community
- Surgical Senior House Officer

## Late Starts

Late starts for PGY1's may be accommodated at the discretion of our DHB. Please note that our ability to facilitate late starts is dependent on a number of factors and may not be able to be confirmed until later in the year.

## Vocational Training

- General Surgery
- Orthopaedics
- Psychiatry
- General Medicine
- Renal
- O&G
- Paediatrics
- Public Health Medicine
- Rural Hospital Medicine
- Anaesthetics
- Emergency Medicine

## Regular House Officer Teaching

- Protected teaching sessions are held weekly
- Grand Round every Thursday
- Departmental teaching one day per week

## Rosters

Rosters vary across the specialities however to give you an idea on average you will work:

### Medicine

- 1 long day per week (0730/0800-2300hrs)
- 3 weekends per quarter (0730/0800-2300hrs)

### Surgery

- 1 long day per week (0730/0800-2300hrs)
- 2 weekends per quarter (0730/0800-2300hrs)
- 11 night shifts (max)

### Weekend Rosters

- Medicine: 3 weekends per quarter
- Surgery: 2 weekends per quarter

### PGY1 Average Pay 2022

- Medical Runs – C MECA run category (55 - 59.9 hrs), \$90,058
- Surgical Runs – C MECA run category (55 - 59.9 hrs), \$90,058

# Whanganui DHB

## Contact

**Honey Pillai:** RMO Recruitment Advisor

**Email:** [Honey.Pillai@wdhb.org.nz](mailto:Honey.Pillai@wdhb.org.nz)

**Phone:** 06 348 8989

**Website:** [Whanganui DHB](#)

## Why Whanganui DHB?

- Supportive working environment with a focus on patient safety
- Close working relationship with the Consultants/Supervisors
- Opportunities to gain procedural skills
- Broad range of patient presentations
- Optimal time in theatre during surgical runs
- More responsibility and opportunity at a junior level, making treatment decisions rather than just clerking patients
- Whanganui Hospital has a wide range of services including emergency medicine, general medicine, geriatrics, general surgery, orthopaedics, O&G, ENT, ophthalmology, dental and psychiatry
- Our Critical Care Unit caters for our intubated patients, with further support and other specialities provided by Palmerston North Hospital and tertiary care at Wellington Hospital
- Community based attachments in urgent care, primary care and palliative care

## Attractions to the Region

While New Zealand is a long way from the rest of the world, today's affordable flights and great connections between Whanganui and Auckland, make the distance very manageable.

Whanganui offers a modern hospital with forward-thinking clinical and non-clinical staff who are justifiably proud of WDHB's achievements.

Our He Hāpori Ora / Thriving Communities strategy aims to deliver equity, wellness and access to services with a focus on building a stronger, more resilient and healthier community.

See our link on moving to Whanganui

<https://www.wdwb.org.nz/work-for-us/move-to-whanganui/>

## Selection Criteria

- Mandatory cover letter required
- Applicant interview process required
- Consideration of ACE scoring
- NZ permanent resident or citizen
- Aligned with our values of aroha, kōtahitanga, manaakitanga and tino rangatiratanga
- A whanau centred care approach which enables and empowers our people

## Positions Available

The exact number of positions expected per DHB will be released on the ACE RMO website and ACE RMO Facebook page during 2021.

## PGY1 Runs

- General Medicine
- General Surgery
- Orthopaedics
- Geriatrics/ Rehabilitation
- Psychiatry

## PGY2 Runs

- As above +
- Obstetrics and gynaecology
- Paediatrics
- Emergency Department
- Anaesthetics
- Community based attachments

## Late Starts

Late starts for PGY1's may be accommodated at the discretion of our DHB. Please note that our ability to facilitate late starts is dependent on a number of factors and may not be able to be confirmed until later in the year.

## Vocational Training

- Orthopaedics
- General Surgery
- Psychiatry
- O&G
- Rural Hospital Medicine

## Regular House Officer Teaching

- Tuesdays and Thursdays
- ALERT
- NLS
- ACLS
- Prompt
- Airway study day
- Trauma study day
- Violence Intervention Programme

## Rosters

Rosters vary across the specialities however to give you an idea on average you will work:

### Weekend roster:

- 2 long days per week (0730-2230)
- 1 in 3 weekends (0730-2230)

### Night roster:

- 2 long days per week (0730-2230)
- 1 in 7 weekends (730-2230)
- 1 in 7 night duties worked in sets of 3 and 4 consecutive nights (2200-0800)

### Emergency Department:

- 1 in 2+ weekends, including nights (2200 – 0800)
- 1 in 5+ night duties worked in sets of 3 and 4 consecutive nights

**Psychiatry:**

- 1 in 4+ weekends (0800 – 2200) and on-call
- 1-2 long days per week (0800-2200) & on call to 0800
- No night shifts

**PGY1 Salary 2022**

- Rural scale category RDA category C runs, STonZ category D runs

# MidCentral DHB

## Contact

**Christine Wood:** Medical Administration Unit

**Email:** [rmo.vacancies@midcentraldhb.govt.nz](mailto:rmo.vacancies@midcentraldhb.govt.nz)

**Phone:** 06 350 8204

**Website:** [MidCentral DHB](#)

## Why MidCentral DHB?

- We are a modern 356 bed hospital
- We provide a supportive learning environment
- Plenty of “hands on” experience
- All first year runs have registrars and consultants
- 4 relief positions to cover leave absences
- 6 relief positions to cover ROs and RDOs
- Prevocational Educational Supervisor specifically for our Maori Interns
- Good quality Community Based Attachments
- Excellent library facilities
- 5 minutes from city centre – no traffic hassles!
- Affordable living expenses

## Attractions to the Region

- No commuting time!
- Bike or walk to work!
- Tramping
- Mountain biking
- Fishing & hunting
- Kayaking
- World class car, truck, motor bike racing and equestrian events at Feilding’s Manfield Park
- Lots of cafés and restaurants
- 3 live theatre companies
- Attractive, vibrant city centre
- Manawatū River Bridle Path
- University City
- 2 hour drive to Mt Ruapehu for Whakapapa and Tūroa ski fields
- 2 hour drive to Wellington
- 3 hour drive to Taupō
- 30 minutes to Himatangi Beach and Foxton Beach

## Selection Criteria

- Academic Achievement Record
- ACE References
- Consideration of ACE scoring
- Personal interests/ hobbies
- Cover letter giving reason for choosing Palmerston North e.g. studied here, family ties, wanting a smaller DHB

## Positions Available

The exact number of positions expected per DHB will be released on the ACE RMO website and ACE RMO Facebook page during 2021.

We are open to discussing part- time/flexible working arrangements but please contact us directly prior to applications closing if you would like to be considered for less than full time work.

## PGY1 Runs

- General Medicine
- Respiratory
- Elder Health
- General Surgery
- Orthopaedics
- Obstetrics & Gynaecology (Q4)
- General Practice/Hospice (Q4)

## PGY2 Runs

- As above +
- General Practice
- Hospice
- Cardiology
- Renal
- Emergency
- Haematology
- Medical Oncology
- Radiation Oncology
- Orthopaedics
- Psychiatry
- Old Age Psychiatry
- O&G
- Paediatrics
- Elder Health/ Rehab/ Community
- ENT
- Urology
- ICU (PGY3)
- Relief

## Late Starts

Late starts for PGY1's may be accommodated at the discretion of our DHB. Please note that our ability to facilitate late starts is dependent on a number of factors and may not be able to be confirmed until later in the year. If you are wanting to be considered for a late start please contact us directly prior to close of applications to discuss your circumstances.

We are open to discussing part- time/flexible working arrangements but please contact us directly prior to applications closing if you would like to be considered for less than full time work.

## Vocational Training

All specialities of General Surgery; Orthopaedics; ENT; Urology; General Medicine and Sub-specialities; Anaesthetics; Obstetrics & Gynaecology; Paediatrics; Radiology; Radiation Oncology; Medical Oncology, Haematology; Emergency Medicine; Palliative Care and Psychiatry.

### **Regular House Officer Teaching**

- Weekly HO teaching sessions on Wednesday and Friday
- Grand rounds for Medicine and Surgery
- ACLS
- Departmental teaching

### **Rosters**

Rosters vary across the specialities however to give you an idea: Both Surgical and Medical House Officer rosters are Schedule 10 rosters with long days and weekends but no nights for the first six months.

### **PGY1 Average Pay 2022**

- Medical Runs – D MECA run category, \$79,633 per annum for first six months (no nights)
- Surgical Runs – C MECA run category, \$90,058 per annum for first six months (no nights)
- O&G Runs – A MECA run category, \$114,303 per annum

## Wellington Regional DHB's

Covering Wellington Regional, Kenepuru, Hutt Valley and Masterton Hospitals

### Contact

**Glenn Jones:** RMO Recruitment Adviser

**Phone:** 04 806 2532 x 82532

**Athena Nguyen:** Recruitment Adviser

**Phone:** 04 806 2532 x 82177

**Email:** [rmo\\_recruitment@ccdhb.org.nz](mailto:rmo_recruitment@ccdhb.org.nz)

**Susan Andrews:** RMO Unit Manager

**Email:** [Susan.Andrews@ccdhb.org.nz](mailto:Susan.Andrews@ccdhb.org.nz)

**Website:** [Wellington Regional DHB's](#)

### Why Choose the Wellington Region?

The Wellington Region DHBs have 613 RMO positions across the 4 Hospitals (Wellington Regional, Kenepuru, Hutt Valley and Masterton). Our RMO positions are rotational which means that you will work across different sites during your time with us.

The Wellington DHB's endeavour to provide a great RMO experience, through robust medical supervision, teaching and progression opportunities. This means you can meet all of your training requirements within the one region which includes the possibility of rural attachments.

### Attractions to the Region

Wellington has repeatedly been voted New Zealand's top life-style city and is the cultural and creative hub of the country renowned for its café culture, fantastic restaurants, sparkling harbour and close proximity to vineyards. For more information about working and Living in Wellington, visit Discover Wellington.

**Wellington:** Wellington is New Zealand's art and culture mecca and a city with something for everyone. From live theatre and performance every night at one of our local theatres to major annual and biennial arts and sports festivals. Wellington is full of fabulous restaurants, excellent coffee, cafes and eateries for you to experience. Surf at Lyall Bay, walk the hills or kayak in the inner harbour when you are off duty.

**Hutt Valley:** The beautiful Hutt valley is home to innovative art and cultural attractions, great shopping, nature escapes and gorgeous seaside communities. Some of the Wellington region's best kept secrets can be found in the Hutt Valley, where New Zealanders first settled and put their roots down.

**Wairarapa:** One of the country's finest wine regions, Wairarapa is just over an hour from Wellington. At the heart of the Classic New Zealand Wine trail, this region of big skies, wide valleys and small towns full of character. Wairarapa blends country charm with luxury retreats, olive groves, vineyard cafes, award winning restaurants and premium wines.

**Kenepuru (Porirua):** Just 20 minutes north of Wellington, Porirua offers peaceful surroundings with vibrant culture, art, shopping and outdoor activities. Go walking along tranquil waterways, sandy beaches and meet friendly people from diverse backgrounds.

## Selection Criteria

The Wellington Region doesn't award additional marks based on the University you are graduating from or to candidates who have interned with us. All applicant CV's, Cover Letters and References are reviewed.

### Helpful Tips:

- Career progression and aspirations linked to our 3 DHB's
- Commitments in the Region
- Family/Friends or support in the region

Interested applicants should complete a phone interview via an online expression of interest form.

**Note:** How you score by ACE contributes significantly to your application and your overall score so spend as much time as you can in having a solid ACE application and don't leave contacting your references to the last minute.

## Positions Available

The exact number of positions expected per DHB will be released on the ACE RMO website and ACE RMO Facebook page during 2021.

### PGY1 Runs

- Cardiology
- Community runs - various
- General Medicine
- General Surgery
- Geriatrics
- Neurosurgery
- Obstetrics & Gynaecology after 6 months
- Orthopaedics
- Otolaryngology
- Plastic Surgery
- Psychiatry
- Rehabilitation
- Renal
- Respiratory
- Urology
- Vascular

### PGY2 Runs

- Anaesthesia
- Cardiology
- Cardiothoracic
- Community
  - Addictions
  - Community Geriatrics
  - Hospice
  - Public Health
  - General Practice
  - Older Persons Rehabilitation Services
- Emergency Medicine
- Gastroenterology

- General Medicine
- General Surgery & SAPU
- Haematology
- Neurology
- Neurosurgery
- Obstetrics & Gynaecology after 6 months
- Oncology
- Paediatrics
- Paediatric Surgery
- Plastic Surgery
- Psychiatry
- Relief runs – Medicine and Surgery
- Renal
- Respiratory
- Stroke/Rehabilitation

### Late Starts

Late starts for PGY1's may be accommodated at the discretion of our DHB. Please note that our ability to facilitate late starts is dependent on a number of factors and may not be able to be confirmed until later in the year. A personalised orientation is provided to any intern who requires to start later in the year.

### Vocational Training

Gastroenterology; Geriatrics; Haematology; Infectious Diseases; Immunology; Intensive Care; Neurology; Obstetric Medicine; Oncology; Palliative Medicine; Renal; Respiratory; Rheumatology; Intensive Care Medicine; Obstetrics & Gynaecology; Ophthalmology; Paediatrics; Pathology; Psychiatry; Public Health; Radiology; Surgery and Sub-Specialties; Orthopaedics; Paediatric Surgery; Urology; Neurosurgery; ORL Plastic Surgery; Cardiothoracic Surgery; Vascular Surgery and General Surgery.

### Regular House Officer Teaching

CCDHB runs a robust and comprehensive intern training programme that is continually being reviewed to ensure the highest standards can be achieved this has meant allocation of more resources when necessary and adaptation to new methods of delivery. In 2020, as a result of the COVID-19 lockdown face to face teaching evolved to include the ability to participate in teaching via Zoom.

This has made the teaching more accessible to interns at our Kenepuru site who can now arrange to be at teaching in person for practical sessions but elect to “Zoom in” for other sessions.

- Weekly teaching session on a Tuesday afternoon 1200 – 1400
- ALERT course
- CORE – Certificate of Resuscitation & Emergency Care

We are committed to supporting interns through their prevocational years in terms of their own stress levels and mental health. Sessions are put aside every quarter in the PGY1 teaching schedule for a “catch up” with the PESs to discuss concerns and get feedback on the teaching programme. The PGY1 teaching programme includes formal sessions that focus on self-care and stress management for example surviving nights, the DHB approach to bullying, autonomy and LGBT issues.

In addition to the formal weekly PGY1 and PGY2 teaching programmes, all attachments provide weekly specialty specific teaching that the interns attend, for example:

Emergency Department	Thursday 9-11am
General Medicine	Monday 12:30-13:30pm and Thursday 12:30-13:30pm
Respiratory	Tuesday 11am-12pm
Cardiology	Tuesday 12:30-13:30pm
Ear Nose and Throat	Friday afternoon
Vascular Surgery	Tuesday morning
General Surgery	Friday morning
Haematology	Journal club Tuesday 10:30am, Teaching Friday 12:30pm
Oncology	Friday 8am
Neurology	Friday 9:30pm

Capital and Coast DHB provide an extensive list of additional work based teaching and training that is available to all DHB employees through the “ConnectMe” application. This includes, but is not limited to:

- Tikanga Māori
- Open communication
- Understanding bias in health care

## Rosters

You will have the opportunity to rotate across each of our three regional DHB's; Wellington Regional hospital and Kenepuru hospital, located in Porirua; Hutt and Wairarapa hospital which is located in Masterton. Each hospital will provide a range of different experiences enabling you to build a balanced career.

Rosters are written by the RMO Unit in conjunction with the services and are all fully compliant with RDA and STONZ MECA requirements, and MCNZ provisions.

## PGY1 Average Pay 2022

- For PGY1 Medical runs the average pay is Category D with some being Category C or above
- For PGY1 Surgical runs the average pay is Category C with some runs being Category B

## Communication with Interns

We have a variety of methods for communication with interns. A regular RMO bulletin is published with important updates. We are also in regular email contact. We now have MedApp installed on all intern work mobile phones and can push alert notifications directly to the relevant recipients.

# Nelson Marlborough DHB – Nelson Hospital

## Contact

**Loretta Matheson:** RMO Team Lead

**Email:** [Loretta.Matheson@nmhs.govt.nz](mailto:Loretta.Matheson@nmhs.govt.nz)

**Phone:** 03 546 1875

**Website:** [Nelson Marlborough DHB](#)

## Why Nelson Hospital?

- As advised by our present 1st Years – Nelson is a neat close knit hospital that offers a greater level of clinical experience and is located at the top of the South with good weather throughout the year
- Nice city/beaches/national parks
- Great kayaking, mountain biking, rock climbing, tramping
- Friendly hospital
- Supportive Consultants and Registrars who are keen to teach
- Lots of 1:1 learning
- Lots of hands on learning/ procedures e.g. ascetic drains, chest drains, intubation, time in theatre
- Lots of opportunities to be involved in frontline patient care
- Good opportunities to continue post grad training
- Very satisfying workplace
- 3 National Parks and a Forest Park within about an hour's drive containing approx 90 backcountry huts
- Supportive and helpful RMO Unit

## Attractions to the Region

- Lifestyle
- Beaches/Rivers
- Wineries/Breweries
- Mountain Biking, Kayaking, Tramping, Rock Climbing, Sea Swims, Cycle Races, Beach Volleyball etc
- Stable Consultant Staffing

## Selection Criteria

- Mandatory Cover Letter
- Applicant interview process- conducted throughout the year and leading up to selection
- Consideration of ACE scoring
- Individual DHB selection criteria (e.g., studied in the region etc. You can work effectively/collegially in a small group)

## Positions Available

The exact number of positions expected per DHB will be released on the ACE RMO website and ACE RMO Facebook page during 2021.

## PGY1 Runs

- General Medicine
- General Surgery
- Orthopaedics/Dental
- Orthopaedics
- Geriatrics

- Urology
- Gynae/Ophthalmology
- Cardiology
- General Medicine Run Relief Q3/Q4
- General Surgery Run Relief Q3/Q4
- General Relief Q3/Q4

### PGY2 Runs

- As above +
- Anaesthetics
- Emergency
- Psychiatry
- ENT
- O&G Diploma
- Paediatric Diploma
- Psychogeriatrics
- Community – Urgent Care, Hospice, GP and Community Psychiatry
- Relief

### Late Starts

Late starts for PGY1's may be accommodated at the discretion of our DHB. Please note that our ability to facilitate late starts is dependent on a number of factors and may not be able to be confirmed until later in the year.

### Vocational Training

All specialities of General Medicine; Cardiology; General Surgery; Orthopaedics; Psychiatry; Urology; Paediatrics; Anaesthetics; O&G; Ophthalmology; Emergency; Paediatric Diploma and O&G Diploma.

### Regular House Officer Teaching

- Tuesday Grand Round
- Wednesday two 45 minute teaching sessions 1200 to 12.45 and 1245 to 1330
- Thursday teaching sessions 1200 to 1300 - well-being subjects
- CORE (Advanced Cardiac Life Support) Courses
- Other miscellaneous courses e.g. PROMPT, Paediatric Life Support, Family Violence, Simulations

### Rosters

Rosters vary across the specialities however to give you an idea:

- Generally 1 long day per week (0800 to 2200)
- 1 in 4 weekends (one day long, one day short)
- PGY1's at present cover admission shifts 1430 to 2230 during the week and commence nights any time after six months
- 4/3 split nights and 10/4 roster

**Weekend Rosters:** Vary across specialties however to give you an idea:

- Ward Roster – on average 3 weekends per quarter
- ED Roster (PGY2 and up) 4-5 weekends per quarter

### PGY1 Average Pay 2022

- All runs are Category C at present
- May be different for STonZ members

# Nelson Marlborough DHB – Wairau Hospital

## Contact

**Loretta Matheson or Jo Highton**

Email: [Loretta.Matheson@nmhs.govt.nz](mailto:Loretta.Matheson@nmhs.govt.nz)

Email: [jo.highton@nmdhb.govt.nz](mailto:jo.highton@nmdhb.govt.nz)

Phone: 03 546 1875

Website: [Nelson Marlborough DHB](#)

## Why Wairau Hospital?

- Small friendly team
- Great support from Consultants
- Huge potential for growing independence
- No Registrars (one Rural Hospital Medicine Trainee Registrar this year)
- Fabulous province with equally fabulous weather to do all the activities the area has to offer
- Many opportunities to practice procedures
- Fabulous province
- Supportive and helpful RMO Unit

## Attractions to the Region

- Lifestyle
- Beaches/Rivers
- Wineries/Breweries
- Mountain Biking, Kayaking, Tramping, Rock Climbing, Sea Swims, Cycle Races, Beach Volleyball etc
- Stable Consultant Staffing

## Selection Criteria

- Mandatory Cover Letter
- Applicant interview process- conducted throughout the year and leading up to selection
- Consideration of ACE scoring
- Individual DHB selection criteria (e.g., studied in the region etc, can work effectively/collegially in a small group)

## Positions Available

The exact number of positions expected per DHB will be released on the ACE RMO website and ACE RMO Facebook page during 2021.

## PGY1 Runs

- General Medicine
- Orthopaedics
- General Surgery/ ENT
- General Surgery/ Urology
- AT&R/ Ophthalmology
- Relief in 3rd and 4th Quarters

## PGY2 Runs

- As above +
- O&G/Paediatrics
- ED/Anaesthesia
- Relief
- Community – Urgent Care, Hospice and GP.

## Late Starts

Late starts for PGY1's may be accommodated at the discretion of our DHB. Please note that our ability to facilitate late starts is dependent on a number of factors and may not be able to be confirmed until later in the year.

## Vocational Training

- Certificate in Emergency Medicine (PGY2+)

## Regular House Officer Teaching

- Monday lunchtime – Paediatric Teaching
- Wednesday two 45 minute teaching sessions 1200 to 1245 and 1245 to 1330
- Thursday teaching sessions 1200 to 1300 - well-being subjects
- Advanced Cardiac Life Support
- Other miscellaneous courses e.g. Paediatric Life Support, Family Violence, Simulations

## Rosters

Rosters vary across the specialities however to give you an idea:

- 1-2 long days per week (0800-2200)
- 1 in 4 weekends (0800-2200 both days)
- 4/3 split nights and 10/4 roster

**Weekend Rosters:** Vary across specialties however to give you an idea:

- Ward Roster – on average 3 weekends per quarter
- ED Roster (PGY2 and up) 4-5 weekends per quarter

## PGY1 Average Pay 2022

- PGY1 runs Category D for the first six months then to Category C
- PGY2 runs Category C
- May be different for STONZ members

# Canterbury DHB

## Contact

**Resident Doctors' Support Team**

**Email:** [RDST@cdhb.health.nz](mailto:RDST@cdhb.health.nz)

**Website:** [Canterbury DHB](#)

## Why Canterbury DHB?

There has never been a better time to consider a career with the Canterbury District Health Board. We are committed to providing RMOs with an excellent employment and training environment in a city with abundant recreational attractions. You could be part of our team of professionals providing world class health care right here!

We are in the midst of a major rebuild of our facilities. Our latest new facility – Waipapa (Acute Services Building at Christchurch Hospital) - opened in November 2020 and the re-building of mental health facilities at Hillmorton Hospital has recently commenced.

In addition to new clinical facilities, we are fortunate to have Manawa, our new, multi storey, state of the art, education and training facility located on the Christchurch Hospital campus. Manawa is a joint venture between the University of Canterbury, ARA Institute and the Canterbury District Health Board.

A career with us means working for an organisation committed to providing the best health care possible to the people of Canterbury. We provide excellent training opportunities for RMOs and you will gain extensive experience in a wide variety of specialties and settings.

## Attractions in the Region

Outside work, you can watch the new city taking shape while you enjoy the variety of theatre, music and sports events on offer throughout the year. Christchurch's new Metro Sports Facility is set to open in 2022 and is located close to the Christchurch Hospital Campus.

Christchurch is also the place to be if you are looking to enjoy an outdoor lifestyle. The mountains are within an hour and a half's drive from the centre of the city and the ocean is only twenty minutes away! We have lovely beaches on our doorstep and are close to a great variety of destinations for day trips and short getaways.

Come and join us!

## Selection Criteria

- Mandatory Cover Letter and CV
- Consideration of ACE scoring (for PGY1 applicants)
- Priority for those wanting to return from smaller centres to a tertiary centre
- References from supervisors
- Commitment to living and working in Christchurch
- Professionalism

## Positions Available

The exact number of positions expected per DHB will be released on the ACE RMO website and ACE RMO Facebook page during 2021.

## PGY1 Runs

- Acute Psychiatry
- Acute Stroke Unit
- Cardiology
- Gastroenterology
- General Medicine
- General Surgery
- Neurology
- Older Persons Health
- Oncology
- Orthopaedic Surgery
- Otolaryngology
- Plastic & Reconstructive Surgery
- Respiratory Medicine

## PGY2 Runs - As above +

- Cardiology
- Cardiothoracic Surgery
- Community Based Placements
- Emergency Medicine
- General Practice
- Haematology
- Nephrology
- Neurosurgery
- Obstetrics and Gynaecology
- Older Persons Health Specialty Services
- Orthopaedic Acute Care
- Orthopaedic Follow Up care
- Paediatric Medicine
- Perioperative Medicine
- Psychiatry
- Psychiatry Specialty Services
- Rehabilitative Medicine
- Relief positions based in medical or surgical services
- Respiratory
- Rural Hospital (Ashburton and West Coast)
- Urology

## Vocational Training

All specialities of Medicine and Surgery; Psychiatry; Emergency Medicine; Intensive Care Medicine; Anaesthesia; Public Health; Pathology including Anatomical Pathology, Microbiology & Biochemistry; Obstetrics & Gynaecology; Paediatrics; Ophthalmology and Radiology.

## Late Starts

Late starts for PGY1s may be accommodated at the discretion of our DHB. Please note that our ability to facilitate late starts is dependent on various factors and may not be able to be confirmed until later in the year.

## Regular House Officer Teaching

- Weekly RMO Teaching on Wednesday afternoons and Thursday lunchtimes for PGY1s and PGY2s
- RMO Grand Round once a month
- Skills Sessions
- Case Study Presentations
- Resilience and Wellbeing Sessions
- Annual Vocational Pathways Event

## Rosters

Rosters vary across the specialities however to give you an idea, most consist of

- 1 – 2 long days per week (0800-2300)
- 1 in 7 weekends (0800-2300 each weekend day)
- Night duty in blocks of 3 nights and four nights, each at an approximate frequency of 1:7

Roster frequencies may vary across the Services, however most of the rosters work to a predictable template, to help you to plan your life outside work.

Some services have their own specific house officer out of hours rosters, while other services may participate in combined out of hours rosters.

Out of hours, house officers are supported by the SMO and registrar on their team, as well as by the Clinical Team Coordinators (CTCs). CTCs are senior nurses, usually with experience in ED or ICU, who are able to offer advice, triage calls and ensure that everyone shares evenly in the work to be done.

There is no need to feel alone out of hours, as help is always close at hand.

## PGY1 Average Salary 2022

House Officer salaries are paid in accordance with the RMO Multi Employer Collective Agreements (MECAs) and salaries usually range between \$76,599 and \$102,900 per annum

## Medical Education and Training Unit (METU)

The Medical Education and Training Unit team facilitates your orientation and the on-going teaching programme, as well as ensuring that you meet your Medical Council of New Zealand requirements. The METU team includes 11 Prevocational Educational Supervisors from a wide variety of specialties who are available to provide you with regular support and guidance.

## Resident Doctors' Support Team (RDST)

The Resident Doctors' Support Team at the CDHB is just that: we are here to support you in your employment and training. We deal with the administrative side of your employment, such as recruitment, rostering and leave management.

METU and RDST are co-located and if we can't answer your query, we'll find someone who can!

# South Canterbury DHB

## Contact

**Penny Barlow:** RMO & CD Support Manager

**Email:** [pbarlow@scdhb.health.nz](mailto:pbarlow@scdhb.health.nz)

**Phone:** 03 687 2389

**Website:** [South Canterbury DHB](#)

## Why South Canterbury DHB (RMO Feedback)?

- *Lifestyle-work balance is good here*
- *No registrars + only a few medical students way more experience*
- *You feel like a valued member of the team, not just a paper pusher*
- *Where else will you go straight from manipulating a femur in orthopaedic theatre to holding the camera in a laparoscopic appendectomy*
- *Whatever run you do, there are always opportunities to branch out and see a wide range of clinical scenarios*

## Attractions to the Region

- Large picturesque coastal town
- Central Location – approx 2 hours from Christchurch and Dunedin
- Many outdoor recreation opportunities, such as boating, surfing, camping, tramping, climbing and skiing
- Within easy reach of sea, lakes, rivers and mountains
- SCDHB Tekapo Holiday Home
- Good range of pubs/bars, cafes and restaurants
- Multiplex Movie Cinema

## Selection Criteria

With no registrars and a relatively small team of RMO's, candidates need to have a reasonably high level of academic achievement and clinical competence. Most importantly candidates must be able to demonstrate the following characteristics:

- Supportive team member
- Flexible attitude and Resilience
- Self-confident but aware of limitations
- Excellent communication skills
- Understanding of the Timaru hospital environment
- Strong desire to work here

Cover letters are helpful to show your knowledge of the environment provided at SCDHB and explain why you would like to be part of our team.

Referee reports carry considerable weight and the RMO & CD Support Manager is keen to talk to anyone interested in working here.

## Positions Available

The exact number of positions expected per DHB will be released on the ACE RMO website and ACE RMO Facebook page during 2021.

### **PGY1 Runs**

- General Surgical/Urology
- General Surgical/Pain/ENT
- General Surgical/Ophthalmology
- General Surgical/Dental
- General Medical
- General Medical/Age Care
- Orthopaedics

### **PGY2 Runs**

- As above +
- Gynaecology
- Emergency Department
- Paediatrics
- Anaesthetics
- Medical Relief
- Surgical Relief
- Night Relief
- Community GP
- Community Mental Health/ Inpatients

### **Late Starts**

Late starts cannot be facilitated at our DHB. Successful applicants are required to commence work at the start of the training year in January.

### **Vocational Training**

No Information Supplied.

### **Regular House Officer Teaching**

House Officers have 2 hours per week protected teaching time.

### **Rosters**

Rosters vary across the specialities however to give you an idea:

- 1 long day per 1.5 weeks (0800-2200)
- 1 in 3 weekends (0800-2200 and 0800-1600)
- 1 in 4 night duties worked in sets of no more than 4 consecutive nights
- Medical/Surgical Runs – on average 1 in 3 weekends are rostered

### **PGY1 Average Pay 2022**

- Medical Runs – MECA run category C and D, on average between \$79,663 and \$102,600 per annum (Union dependent)
- Surgical Runs – MECA run category C, on average between \$90,058 and \$102,600 per annum (Union dependent)

# Southern DHB - Dunedin

## Contact

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**Website:** [Southern DHB](#)

## Why Dunedin Hospital?

- Dunedin Hospital is a 350 bed tertiary hospital located in Central Dunedin serving the city of Dunedin and the wider Otago region
- Dunedin Hospital offers experiences in a wide range of specialities and a broad arrange of sub-specialities
- The Hospital enjoys close ties with the University of Otago and prides itself on creating excellent learning opportunities for junior staff
- The commute to work – you can get to work (biking, walking or car) in minutes!

## Attractions to the Region

Set beside the sea and known as the Edinburgh of the South, Dunedin has a population of 123,000 and a reputation for excellence in education, an appreciation of all things artistic, historic, cultural, architectural, food, sporting and natural. Hiking and cycling trails crisscross the dramatic landscape of the adjoining Otago Peninsula, home to colonies of albatross, sea lions and rare yellow-eyed penguins. Dunedin has some 30 beaches within 30 minutes' drive from the city centre, and most have great surf.

For more information go to:

<https://www.dunedinnz.com/>

<https://southernhealthcareers.nz/>

Southern DHB has a strong collaborative relationship with the University of Otago making a number of teaching and research options possible for those keen to pursue their academic careers whilst completing their clinical work.

## Selection Criteria

- Cover Letter required
- Consideration of ACE scoring
- Consideration given to ACE referee reports
- Contact with Prevocational Educational Supervisor and RMO Unit indicating a desire to work in Dunedin hospital

## Positions Available

The exact number of positions expected per DHB will be released on the ACE RMO website and ACE RMO Facebook page during 2021.

## PGY1 Runs

- General Medicine
- Cardiology
- General Surgery
- Urology
- Orthopaedics

- Psychiatry
- Older Person's Health
- Mental Health for Older People

### PGY2 Runs

- O&G
- Paediatrics
- Emergency Medicine
- Haematology
- Oncology
- Renal
- Respiratory
- Neurosurgery/Ophthalmology
- Cardiothoracic Surgery
- ENT
- General Surgery Acutes
- Internal Medicine Assessment Unit
- Community Runs
- Rotator Runs

### Late Starts

Late starts for PGY1's may be accommodated at the discretion of our DHB. Please note that our ability to facilitate late starts is dependent on a number of factors and may not be able to be confirmed until later in the year.

### Vocational Training

- PGY1s are allocated to runs that will provide for a broad and general experience allowing for sub specialisation in their second year
- For PGY2+ Dunedin offers a wide range of vocational training options
- Our Prevocational Educational Supervisors and SMO teams are more than happy to work with Interns regarding career development

### Regular House Officer Teaching

- Weekly teaching session, the University of Otago's Grand Round
- Thursday protected teaching times are sessions arranged by the RMO Unit utilising staff's areas of interest
- Individual departmental teaching

### Rosters

Rosters vary across the specialities however to give you an idea:

- 1 long day per week (Mon - Fri 0800 - 2230)
- 1 weekend day every 2 – 3 weeks (0800 - 2230)
- Split nights (4 /3)
- Rosters are in compliance with the Schedule 10 Safer Rosters

### PGY1 Average Pay 2022

All of the runs are Band C on the urban scale, except for Community runs which vary depending on placement, rotator runs which are band A.

# Southern DHB – Invercargill

## Contact

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**Website:** [Southern DHB](#)

## Why Southland Hospital?

- Southland Hospital is a 157+ bed secondary level 4 base facility situated in Invercargill City
- Southland Hospital is a small and friendly hospital offering a range of specialities and exposure to a wide range of clinical cases
- The Hospital enjoys close ties with the University of Otago and prides itself on creating excellent learning opportunities for junior staff
- Southland Hospital staff can access Holiday Homes for weekend escapes to Queenstown, Te Anau and Arrowtown
- On site and free parking! And not to mention the commute!

## Attractions to the Region

Invercargill is a modern city with an exceptional community infrastructure and a lively, go-ahead attitude. Southland's unmatched beauty provides a natural playground – no matter what your passion. Southland encompasses two national parks and four of New Zealand's Great Walks. As New Zealand's ultimate nature and wildlife destination, its dramatic scenery spans pristine rainforests, fertile farmlands and sweeping coastlines. It's beautiful, remote beaches provide some of the best waves in the country. From hiking trails, cycling routes or fishing paradise, Southland has something for you!

For more information go to:

<https://southlandnz.com/>

<https://southernhealthcareers.nz/>

## Selection Criteria

- Cover Letter required
- Consideration of ACE scoring
- Consideration given to ACE referee reports
- Contact with Prevocational Educational Supervisor and RMO Unit indicating a desire to work in Southland Hospital
- Murihiku Health Scholarship recipients who are applying for a position should make themselves known to the RMO Unit team

## Positions Available

The exact number of positions expected per DHB will be released on the ACE RMO website and ACE RMO Facebook page during 2021.

## PGY1 Runs

- General Medicine
- Orthopaedics
- General Surgery
- AT&R (In second 6 months)

## PGY2 Runs

- General Surgery
- Orthopaedics
- General Medicine
- AT&R
- Paediatrics
- O&G
- ED
- Psychiatry
- Community Runs (PGY2)

## Late Starts

Late starts for PGY1's may be accommodated at the discretion of our DHB. Please note that our ability to facilitate late starts is dependent on a number of factors and may not be able to be confirmed until later in the year.

## Vocational Training

PGY1s are allocated to runs that will provide for a broad and general experience allowing for sub specialisation in their second year.

For PGY2+ Southland Hospital offers vocational training in the following specialities. Each year we employ a good mix of training and non-training Registrars:

- ED
- Medicine
- O&G
- Paediatrics
- Orthopaedics
- General Surgery
- Anaesthesia

## Regular House Officer Teaching

- Weekly teaching session on a Thursday (Protected)
- Journal Club
- Grand Rounds Weekly
- Departmental Training

## Rosters

Rosters vary across specialties however to give you an idea:

- PGY1 in first 6 months will work:
  - Long days – up to one per week
  - Weekends – approximately 2 -3 per quarter
  - No nights
- PGY1 in second 6 months will work:
  - Less long days and weekends nights

## PGY1 Average Pay 2022

All PGY1 Runs, excluding Community Based Attachments – Cat C MECA run category (Non-Urban scale).