



**ACE RMO Intake
2023 Training Year
Wellington Regional DHB's
Employer Information Sheet**



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Wellington Regional DHB's

Covering Wellington Regional, Kenepuru, Hutt Valley and Masterton Hospitals

Contact

Bernadine McGruddy: RMO Recruitment Adviser

Phone: 04 806 2532 x 82532

Piyasa Konar: Recruitment Adviser

Phone: 04 806 2532 x 82177

Email: rmo_recruitment@ccdhb.org.nz

Susan Andrews: RMO Unit Manager

Email: Susan.Andrews@ccdhb.org.nz

Website: [Wellington Regional DHB's Careers](#)



Why Choose the Wellington Region?

The Wellington Region DHBs have 615 RMO positions across the 4 Hospitals (Wellington Regional, Kenepuru, Hutt Valley and Masterton). Our RMO positions are rotational which means that you will work across different sites during your time with us.

The Wellington DHB's endeavour to provide a great RMO experience, through robust medical supervision, teaching and progression opportunities. This means you can meet all your training requirements within the one region which includes the possibility of rural attachments.

Attractions to the Region

Wellington has repeatedly been voted New Zealand's top life-style city and is the cultural and creative hub of the country renowned for its café culture, fantastic restaurants, sparkling harbour and close to vineyards. For more information about working and Living in Wellington, visit Discover Wellington.

Wellington: Wellington is New Zealand's art and culture mecca and a city with something for everyone. From live theatre and performance every night at one of our local theatres to major annual and biennial arts and sports festivals. Wellington is full of fabulous restaurants, excellent coffee, cafes and eateries for you to experience. Surf at Lyall Bay walk the hills or kayak in the inner harbour when you are off duty.



CCDHB – Wellington Regional Hospital

Provides secondary and tertiary surgical services and serves a local population of 296,000 and provides tertiary surgical services to a regional population of over 1 million.

Wellington Regional Hospital is a tertiary hospital with modern facilities including a Surgical Assessment and Planning Unit (SAPU) and offers exciting opportunities and top level training. Kenepuru Community Hospital provides predominantly secondary services catering to the communities north of Wellington, including Porirua and Kāpiti.

Hutt Valley: The beautiful Hutt valley is home to innovative art and cultural attractions, great shopping, nature escapes and gorgeous seaside communities. Some of the Wellington region's best kept secrets can be found in the Hutt Valley, where New Zealanders first settled and put their roots down. Hutt Hospital is beautifully located four kilometres from the northern shores of Wellington Harbour, 15 minute's drive from the centre of our nation's vibrant and multi-cultural capital. A huge range of lifestyle choices and communities are available within short driving distance.



Hutt DHB is renowned in New Zealand for its relationship with its community and willingness to take the initiative. We already have one of New Zealand's top paediatric services, a world-renowned plastic and burns unit, regional rheumatology and public health services, and all our specialties have a strong focus on excellence and innovation.

Wairarapa: One of the country's finest wine regions, Wairarapa is just over an hour from Wellington. At the heart of the Classic New Zealand Wine trail, this region of big skies, wide valleys and small towns full of character. Wairarapa blends country charm with luxury retreats, olive groves, vineyard cafes, award winning restaurants and premium wines.

One of the major benefits of going to Masterton Hospital is the increased clinical independence and the opportunity to experience a wider range of clinical opportunities.

Communication with Interns

We have a variety of methods for communication with interns. A regular RMO bulletin is published with important updates. We are also in regular email contact.

We use MedApp which is installed on all intern work mobile phones and can push alert notifications directly to the relevant recipients. We also have the ability on MedApp to promote resources, additional teaching information as well as surveys.

This is currently rolled out in Wellington, Kenepuru and Hutt hospitals. It is our intention to roll it out in Wairarapa hospital next year.



Masterton Hospital is also able to provide housing for staff rotating to the region. This means you are not required to give up your Wellington accommodation to undertake a rotation in Masterton.

Kenepuru (Porirua): Just 20 minutes north of Wellington, Porirua offers peaceful surroundings with vibrant culture, art, shopping and outdoor activities. Go walking along tranquil waterways, sandy beaches and meet friendly people from diverse backgrounds.

Kenepuru Community Hospital provides predominantly secondary services catering to the communities north of Wellington, including Porirua and Kāpiti.

Selection Criteria

The Wellington Region doesn't award additional marks based on the University you are graduating from or to candidates who have interned with us. All applicant CV's, Cover Letters and References are reviewed.

Helpful Tips:

- Career progression and aspirations linked to our 3 DHB's
- Commitments in the Region
- Family/Friends or support in the region

Interested applicants should complete a phone interview via an online expression of interest form. During the interview you will be able to discuss the modules and indicate your choices and preferences.

Note: How you score by ACE contributes significantly to your application and your overall score so spend as much time as you can in having a solid ACE application and don't leave contacting your references to the last minute.

Positions Available

The number of positions expected per DHB will be released on the ACE RMO website during 2022.

PGY1 Runs

Wellington

- Cardiology
- Cardiothoracic
- Medicine
- neurosurgery
- O & G
- Orthopaedics
- Psychiatry
- Renal
- Respiratory
- Surgery – Upper GI/HPB and Gen /Colorectal
- Urology
- Vascular Surgery
- Community Based attachments – Community Geriatrics, Addictions

Kenepuru

- General medicine
- Stroke/Rehab
- Surgery/Orthopaedics

Hutt Valley

- ENT/Plastics
- General medicine
- Orthopaedics
- Psychiatry
- Rehabilitation

Wairarapa

- Medicine
- Orthopaedics
- Surgery
- Community based Attachment – Working with District Nursing; GPs; Youth Clinics

PGY2 Runs

Wellington

- Anaesthetics
- Community Based attachments –Hospice; Addictions; Community Geriatrics
- ED
- Cardiology
- Cardiothoracic
- ENT
- Gastroenterology
- Haematology
- Medicine

- Neurology
- Neurosurgery
- Oncology
- O & G
- Orthopaedics
- Paediatrics
- Psychiatry
- Surgery
- Urology
- Vascular Surgery

Hutt Valley

- Cardiology
- Community Based attachments – Hospice; GP/Public Health; Older Persons Rehab Services
- Medicine
- & G
- Plastics
- Psychiatry
- Rheumatology
- Surgery



Wairarapa

- ED
- Medicine
- O & G
- Orthopaedics
- Paediatrics
- Surgery

Orientation

All new employees will participate in a full orientation programme to both the hospital and the service in which you will be working.

Late Starts

Late starts for PGY1's may be accommodated at the discretion of our DHB. Please note that our ability to facilitate late starts is dependent on several factors and may not be able to be confirmed until later in the year. A personalised orientation is provided to any intern who requires to start later in the year.

Vocational Training

Gastroenterology; Geriatrics; Haematology; Infectious Diseases; Immunology; Intensive Care; Neurology; Obstetric Medicine; Oncology; Palliative Medicine; Renal; Respiratory; Rheumatology; Intensive Care Medicine; Obstetrics & Gynaecology; Ophthalmology; Paediatrics; Pathology; Psychiatry; Public Health; Radiology; Surgery and Sub-Specialties; Orthopaedics; Paediatric Surgery; Urology; Neurosurgery; ORL Plastic Surgery; Cardiothoracic Surgery; Vascular Surgery and General Surgery.



Regular House Officer Teaching

CCDHB runs a robust and comprehensive intern training programme that is continually being reviewed to ensure the highest standards can be achieved this has meant allocation of more resources when necessary and adaptation to new methods of delivery. In 2020, as a result of the COVID-19 face to face teaching evolved to include the ability to participate in teaching via Zoom on occasions where it is not possible to hold face to face teaching.

This has made the teaching more accessible to interns at our Kenepuru site who can now arrange to be at teaching in person for practical sessions but elect to “Zoom in” for other sessions.

- Weekly teaching session on a Tuesday afternoon 1200-1400
- ALERT course
- CORE – Certificate of Resuscitation & Emergency Care

Hutt DHB also offers a comprehensive teaching programme. The protected teaching slots are held on:

- Tuesday 12.30-13.30
- Friday 08.15-09.15

Wairarapa DHB protected teaching times are held:

- Wednesday lunch time for 1 hours
- Thursday Journal Club

We are committed to supporting interns through their prevocational years in terms of their own stress levels and mental health. Sessions are put aside every quarter in the PGY1 teaching schedule for a “catch up” with the PESs to discuss concerns and get feedback on the teaching programme. The PGY1 teaching programme includes formal sessions that focus on self-care and stress management for example surviving nights, the DHB approach to bullying, autonomy and LGBT issues.



In addition to the formal weekly PGY1 and PGY2 teaching programmes, all attachments provide weekly specialty specific teaching that the interns attend, for example:

Wellington

Emergency Department	Thursday 9-11am
General Medicine	Monday 12:30-13:30pm and Thursday 12:30-13:30pm
Respiratory	Tuesday 11am-12pm
Cardiology	Tuesday 12:30-13:30pm
Ear Nose and Throat	Friday afternoon
Vascular Surgery	Tuesday morning
General Surgery	Friday morning
Haematology	Journal club Tuesday 10:30am, Teaching Friday 12:30pm
Oncology	Friday 8am
Neurology	Friday 9:30pm

Capital and Coast DHB provide an extensive list of additional work based teaching and training that is available to all DHB employees through the “ConnectMe” application. This includes, but is not limited to:

- Tikanga Māori
- Open communication
- Understanding bias in health care

Rosters

You will have the opportunity to rotate across each of our three regional DHB’s; Wellington Regional hospital and Kenepuru hospital, located in Porirua; Hutt and Wairarapa hospital which is in Masterton. Each hospital will provide a range of different experiences enabling you to build a balanced career.

Rosters are written by the RMO Unit in conjunction with the services and are all fully compliant with RDA and STONZ MECA requirements, and MCNZ provisions.

PGY1 Average Pay 2023

Union dependant and pending a run review due 18.04.2022