



**ACE RMO Intake
2024 Training Year
Health New Zealand Waitaha
Canterbury
Employer Information Sheet**

Te Whatu Ora
Health New Zealand
Waitaha Canterbury

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Health New Zealand Waitaha Canterbury

Contact

Resident Doctors Support Team

Email: RDST@cdhb.health.nz

Website: [CDHB Careers](#)

Why Health New Zealand Waitaha Canterbury?

There has never been a better time to consider a career with the Health New Zealand Waitaha Canterbury. We are committed to providing RMOs with an excellent employment and training environment in a city with abundant recreational attractions. You could be part of our team of professionals providing world class health care right here!

We are in the midst of a major rebuild of our facilities. Our latest new facilities – Waipapa (Acute Services Building at Christchurch Hospital) and the new Outpatients building – opened recently the re-building of mental health facilities at Hillmorton Hospital is well under way.

In addition to new clinical facilities, we are fortunate to have Manawa, our new, multi storey, state of the art, education and training facility located on the Christchurch Hospital campus. Manawa is a joint venture between the University of Canterbury, ARA Institute and Health New Zealand Waitaha Canterbury.

A career with us means working for an organisation committed to providing the best health care possible to the people of Canterbury. We provide excellent training opportunities for RMOs and you will gain extensive experience in a wide variety of specialties and settings.

Attractions in the Region

Outside work, you can watch the new city taking shape while you enjoy the variety of theatre, music and sports events on offer throughout the year. Christchurch's new Metro Sports Facility is set to open in 2024 and is located close to the Christchurch Hospital Campus.

Christchurch is also the place to be if you are looking to enjoy an outdoor lifestyle. The mountains are within an hour and a half's drive from the centre of the city and the ocean is only twenty minutes away! We have lovely beaches on our doorstep and are close to a great variety of destinations for day trips and short getaways.

Come and join us!

Selection Criteria

- Mandatory Cover Letter and CV
- Consideration of ACE scoring (for PGY1 applicants)
- References from supervisors
- Commitment to living and working in Christchurch
- Professionalism

Positions Available

The number of positions expected per DHB will be released on the ACE RMO website during 2023.

PGY1 Runs

- Acute Psychiatry
- Acute Stroke Unit
- Cardiology
- Gastroenterology
- General Practice
- General Medicine
- General Surgery
- Neurology
- Older Persons Health
- Oncology
- Orthopaedic Medicine
- Orthopaedic Surgery
- Otolaryngology
- Plastic & Reconstructive Surgery
- Respiratory Medicine
- Respiratory Community
- Vascular

PGY2 Runs

- As Above +
- Cardiology
- Cardiothoracic Surgery
- Community Based Placements
- Emergency Medicine
- General Practice
- Haematology
- Nephrology
- Neurosurgery
- Obstetrics and Gynaecology
- Older Persons Health Specialty Services
- Orthopaedic Acute Care
- Orthopaedic Follow Up care
- Paediatric Medicine
- Perioperative Medicine
- Psychiatry
- Psychiatry Specialty Services
- Radiology
- Rehabilitative Medicine
- Relief positions based in Medical or Surgical Services
- Respiratory
- Rural Hospital (Ashburton and West Coast)
- Urology

Vocational Training

All specialities of Medicine and Surgery; Psychiatry; Emergency Medicine; Intensive Care Medicine; Anaesthesia; Public Health; Pathology including Anatomical Pathology, Microbiology & Biochemistry; Obstetrics & Gynaecology; Paediatrics; Ophthalmology and Radiology.

Late Starts

Late starts for PGY1s may be accommodated at the discretion of our District. Please note that our ability to facilitate late starts is dependent on various factors and may not be able to be confirmed until later in the year.

Regular House Officer Teaching

- Weekly RMO Teaching on Wednesday afternoons and Thursday lunchtimes for PGY1s and PGY2s
- RMO Grand Round once a week
- Skills Sessions
- Case Study Presentations
- Resilience and Wellbeing Sessions
- Annual Vocational Pathways Event

Medical Education and Training Unit (METU)

The Medical Education and Training Unit team facilitates your orientation and the on-going teaching programme, as well as ensuring that you meet your Medical Council of New Zealand requirements. The METU team includes 15 Prevocational Educational Supervisors from a wide variety of specialties who are available to provide you with regular support and guidance.

Resident Doctors' Support Team (RDST)

The Resident Doctors' Support Team at Waitaha Canterbury is just that: we are here to support you in your employment and training. We deal with the administrative side of your employment, such as recruitment, rostering and leave management.

METU and RDST are co-located and if we can't answer your query, we'll find someone who can!

Rosters

Rosters vary across the specialities however to give you an idea, most consist of:

- 1 – 2 long days per week (0800-2300)
- 1 in 7 weekends (0800-2300 each weekend day)
- Night duty in blocks of three nights and four nights, each at an approximate frequency of 1:7

Roster frequencies may vary across the Services, however most of the rosters work to a predictable template, to help you to plan your life outside work.

Some services have their own specific house officer out of hours rosters, while other services may participate in combined out of hours rosters.

Out of hours, house officers are supported by the SMO and registrar on their team, as well as by the Clinical Team Coordinators (CTCs). CTCs are senior nurses, usually with experience in ED or ICU, who can offer advice, triage calls and ensure that everyone shares evenly in the work to be done.

There is no need to feel alone out of hours, as help is always close at hand.

PGY1 Average Salary 2024

Salaries vary according to union membership and the workload of the particular service to which you are allocated.

As an example, a first year house officer commencing in General Medicine in January 2023 might expect to be paid a salary as follows:

NZRDA Union \$93,593 p.a.

STONZ Union \$95,800 p.a.

Please note, however, that these rates are subject to change