



**ACE RMO Intake  
2024 Training Year  
Employer Information Sheets**

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# Auckland Regional

Covering Auckland, Counties and Waitematā District

## Contact

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**Phone:** 09 631 0707 x 39721

**Website:** [Auckland Doctors](#)

## Why Choose the Auckland Region?

Auckland offers Aotearoa's three largest districts with the greatest range of subspecialties and national clinical leaders with a strong tradition of clinical education and teaching support with protected training time since 1999.

## Attractions to the Region

Tāmaki Makaurau Auckland is also known as the "City of Sails." Enjoy the vibrancy of an urban lifestyle alongside the tranquil settings of parks and beaches. With a population of 1.65 million people, Auckland has a bustling centre with activities galore, from international concerts and sporting events to cultural festivals and celebrations. Auckland is the largest Polynesian city in New Zealand with a dynamic mix of Māori, European, Pacific Island and Asian cultures.

Uniquely set between two harbours, and numerous islands in the Hauraki Gulf, Auckland offers dozens of beaches to enjoy within minutes of the city - or you can venture a little further afield to sail the harbour or explore the wild West Coast surf beaches. Whether you are looking for extreme adventure or a quiet morning coffee and a browse in the local market, there's always something to do in Auckland.

With a temperate climate and plenty of sunshine, Auckland enjoys long warm summers and relatively mild winters. Enjoy an outdoor lifestyle all year round with after work and weekend social and competitive sports clubs or build a deck and enjoy barbeques with your new friends!

- CBD and bustling waterfront – restaurants, cafes, pubs and clubs
- Community events – free outdoor cinema, music events, farmers markets
- Wide variety of ethnic food, local wine, beer and culture
- Access to harbour islands, e.g. Waiheke and Rangitoto
- Museum, art gallery, Sky Tower, theatre

## Selection Criteria

- References submitted online via ACE
- Consideration of ACE scoring
- PVTC Selection and Allocation Policy including preferential pathways and Fit for Purpose Practitioner model

## Auckland Region Cover Letters Auckland Region Cover Letters

When writing your cover letter, please ensure it is a maximum of 1 page long and addressed to the “Hiring Manager” or “To Whom it may Concern” as do we receive a lot of applications and it may be reviewed by multiple people from the Prevocational Training Committee (PVTC) ranking committee.

### Positions Available

The number of positions expected per district will be released on the ACE RMO website during 2023.

### PGY1 Runs

Waitemata	Te Toka Tumai - Auckland	Counties Manukau
Cardiology	Cardiology	Acute Assessment
CCU/Cardiology	CTSU	General Medicine
General Medicine	General Medicine	General Medicine - Respiratory
General Surgery	General Surgery	General Medicine - Stroke
Geriatrics	General Surgery - ASU/GSU	General Medicine/Cardiology
Orthopaedics	Haematology	General Surgery
Urology	Med Geriatrics	General Surgery/HDU
Waiatarau Unit	Orthopaedics	Geriatrics
	Psychiatry	Geriatrics/Neurology/Rehab Neurology/Rehab
	Renal	O&G
	Respiratory	Orthopaedics
	Urology	Psychiatry
	Vascular	Renal
		Spinal Rehab

## PGY2 Runs

Waitemata	Counties Manukau	Te Toka Tumai
Community Based Attachments	Community Based Attachments	Community Based Attachments
ED/ADU General Medicine	Emergency	CTSU
Emergency	General Surgical Relief/Float	Emergency Medicine
General Medicine	ICU-HDU	General Medicine
Medical Relief	Medical Relief	General Surgery
Medical Subspecialties	Medical Subspecialties	General Surgery Relievers (including Night Relievers)
O&G and O&G Relief	MSC General Surgery	Medical Relief
ORL/ENT	MSC Orthopaedics	Medical Subspecialties
Orthopaedics and Relief	Neonates	Neonates
Psychiatry	O&G	Neurosurgery
	Orthopaedics/Hand/Plastic	O&G and Relief
	Paediatrics	Ophthalmology
	Plastics and Relief	ORL/ENT
	Psychiatry	Orthopaedics
	Surgical Relief	Paediatric Subspecialties
		Paediatrics
		Psychiatry
		Vascular/HDU

## Late Starts

Late starts for PGY1's may be accommodated at the discretion of our districts. Please note that our ability to facilitate late starts is dependent on several factors and may not be able to be confirmed until later in the year.

## Vocational Training Opportunities

The following specialty training programmes are offered in the Auckland Region: Anaesthesia; Emergency Medicine; Medicine and Sub-Specialties; Cardiology; Dermatology; Diabetes; Endocrinology; Gastroenterology; Geriatrics; Haematology; Infectious Diseases; Immunology; Intensive Care; Neurology; Obstetric Medicine; Oncology; Palliative Care; Renal; Respiratory; Rheumatology; Intensive Care Medicine; Obstetrics & Gynaecology; Ophthalmology; Paediatrics; Pathology; Psychiatry; Public Health; Radiology; Sexual Health; Surgery and Sub-Specialties; Orthopaedics; Paediatric Surgery; Urology; Neurosurgery; ORL Plastic Surgery; Cardiothoracic Surgery; Vascular Surgery and General Surgery.

In addition, those who are wanting to specialise in General Practice or Rural Hospital Medicine are supported to obtain the runs that are needed to enter training.

## House Officer Education programme

- One-week PGY1 orientation
- Training in management of the acutely deteriorating patient
- ACLS refresher course
- Weekly protected PGY1 teaching sessions
- Clinical and Educational Research opportunities
- Communication, Clinical, Professional and Procedural workshops

## Rosters

**Medical Runs** – most consist of

- 1 Long day per week (0800-2230)
- 1 in 3 or 1 in 4 weekends (0800-2230 and 0800-1600)
- 1 in 5 night duties worked in sets of 3 and 4 consecutive nights

**Surgical Runs** – most consist of

- 1 Long days per week (0800-2230) 1 in 3 weekends
- 1 in 3 or 1 in 4 weekends (0800-2230 and 0800-1600)
- 1 in 5 night duties worked either in sets of 3 or 4 consecutive nights

## PGY1 Average Pay 2024

- NZRDA: <http://www.aucklanddoctors.co.nz/rmos/currentemployees/nzrdarundescriptions/>
- STONZ: <http://www.aucklanddoctors.co.nz/rmos/currentemployees/stonzrundescriptions/>

# Hauora a Toi Bay of Plenty

## Tauranga Hospital

### Contact

#### Donna Watkins - Clinical Campus

Email: [Donna.Watkins@bopdhb.govt.nz](mailto:Donna.Watkins@bopdhb.govt.nz)

Phone: 07 579 8694

Website: [Te Whatu Ora Hauora a Toi Bay of Plenty](#)

### Why Choose Tauranga Hospital?

- Good supervision, well supported
- Small enough to be inclusive and big enough to see a wide variety of patients
- Great location

### Attractions to the Region

- Location, location, location!
- Climate & Beaches
- Proximity to other regions

### Selection Criteria

- Mandatory Cover Letter and CV
- Interview process for shortlisted candidates

### Positions Available

There are 23 PGY1 positions available at Tauranga Hospital

#### PGY1 Runs

- General Medicine
- Health in Aging
- Psychiatry
- General Surgery
- Orthopaedics (2nd quarter on)

#### PGY2 Runs

- As above +
- Emergency
- Cardiology & Oncology
- O&G
- Paediatrics
- ENT/Dental
- Urology/Ophthalmology
- Relief

### Late Starts

Late starts for PGY1's may be accommodated at the discretion of our district. Please note that our ability to facilitate late starts is dependent on several factors and may not be able to be confirmed until later in the year.

## **Vocational Training**

All runs at Tauranga Hospital are accredited towards vocational training.

## **Regular House Officer Teaching**

- Dedicated Teaching Wednesdays & Thursdays
- Grand Round Tuesday
- Weekly Service based teaching

## **Rosters**

Rosters vary across the specialities however to give you an idea on average you will work:

- 1-2 long days per week
- Split nights (4:3)
- PGY1's do not work night duties in the first 6 months
- Weekend runs consist of 1:4 to 1:5 average (inclusive of night duty allocation)

## **PGY1 Average Pay 2023**

Union dependant and pending a run review due 18.04.2023



# Hauora a Toi Bay of Plenty

## Whakatāne Hospital

### Contact

**Shantelle Arnesen:** Medical Staffing Unit Administrator

**Email:** [shantelle.arnesen@bopdhb.govt.nz](mailto:shantelle.arnesen@bopdhb.govt.nz)

**Website:** [Bay of Plenty DHB](#)

### Why Choose Whakatāne Hospital?

- 110 bed hospital
- Good supervision and well supported
- Opportunities to learn directly from Consultants
- Good location and the best beach in NZ!

### Attractions to the Region

- Over the hill to Ohope!
- Beaches
- Lifestyle

### Selection Criteria

Mandatory Cover Letter and CV

### Positions Available

There are 6 PGY1 positions available at Whakatāne Hospital.

### PGY1 Runs

- General Medicine
- Psychiatry
- General Surgery
- Orthopaedics (2nd quarter on)

### PGY2 Runs

- As above +
- Emergency - Accredited for Rural Medicine Trainees
- O&G - Accredited for Rural Medicine Trainees
- Paediatrics - Accredited for Rural Medicine Trainees

### Late Starts

Late starts for PGY1's may be accommodated at the discretion of our district. Please note that our ability to facilitate late starts is dependent on several factors and may not be able to be confirmed until later in the year.

### Vocational Training

Accredited for ED, O&G & Paediatrics for Rural Medicine Trainees.

### **Regular House Officer Teaching**

Daily RMO teaching 12pm–1pm.

### **Rosters**

Rosters vary across the specialities however to give you an idea on average you will work:

- Most runs consist of 1-2 long days per week. PGY1's does not work night duties in the first 6 months
- Weekend runs consist of 1:4 average (inclusive of night duty allocation)

### **PGY1 Average Pay 2023**

Union dependant and pending a run review due 18.04.2023

# Waitaha Canterbury

## Christchurch Hospital

### Contact

#### Resident Doctors Support Team

Email: [RDST@cdhb.health.nz](mailto:RDST@cdhb.health.nz)

Website: [CDHB Careers](#)

### Why Health New Zealand Waitaha Canterbury?

There has never been a better time to consider a career with the Health New Zealand Waitaha Canterbury. We are committed to providing RMOs with an excellent employment and training environment in a city with abundant recreational attractions. You could be part of our team of professionals providing world class health care right here!

We are in the midst of a major rebuild of our facilities. Our latest new facilities – Waipapa (Acute Services Building at Christchurch Hospital) and the new Outpatients building – opened recently the re-building of mental health facilities at Hillmorton Hospital is well under way.

In addition to new clinical facilities, we are fortunate to have Manawa, our new, multi storey, state of the art, education and training facility located on the Christchurch Hospital campus. Manawa is a joint venture between the University of Canterbury, ARA Institute and Health New Zealand Waitaha Canterbury.

A career with us means working for an organisation committed to providing the best health care possible to the people of Canterbury. We provide excellent training opportunities for RMOs and you will gain extensive experience in a wide variety of specialties and settings.

### Attractions in the Region

Outside work, you can watch the new city taking shape while you enjoy the variety of theatre, music and sports events on offer throughout the year. Christchurch's new Metro Sports Facility is set to open in 2024 and is located close to the Christchurch Hospital Campus.

Christchurch is also the place to be if you are looking to enjoy an outdoor lifestyle. The mountains are within an hour and a half's drive from the centre of the city and the ocean is only twenty minutes away! We have lovely beaches on our doorstep and are close to a great variety of destinations for day trips and short getaways.

Come and join us!

### Selection Criteria

- Mandatory Cover Letter and CV
- Consideration of ACE scoring (for PGY1 applicants)
- References from supervisors
- Commitment to living and working in Christchurch
- Professionalism

### Positions Available

The number of positions expected per DHB will be released on the ACE RMO website during 2023.

### PGY1 Runs

- Acute Psychiatry
- Acute Stroke Unit
- Cardiology
- Gastroenterology
- General Practice
- General Medicine
- General Surgery
- Neurology
- Older Persons Health
- Oncology
- Orthopaedic Medicine
- Orthopaedic Surgery
- Otolaryngology
- Plastic & Reconstructive Surgery
- Respiratory Medicine
- Respiratory Community
- Vascular

### PGY2 Runs

- As Above +
- Cardiology
- Cardiothoracic Surgery
- Community Based Placements
- Emergency Medicine
- General Practice
- Haematology
- Nephrology
- Neurosurgery
- Obstetrics and Gynaecology
- Older Persons Health Specialty Services
- Orthopaedic Acute Care
- Orthopaedic Follow Up care
- Paediatric Medicine
- Perioperative Medicine
- Psychiatry
- Psychiatry Specialty Services
- Radiology
- Rehabilitative Medicine
- Relief positions based in Medical or Surgical Services
- Respiratory
- Rural Hospital (Ashburton and West Coast)
- Urology

## Vocational Training

All specialities of Medicine and Surgery; Psychiatry; Emergency Medicine; Intensive Care Medicine; Anaesthesia; Public Health; Pathology including Anatomical Pathology, Microbiology & Biochemistry; Obstetrics & Gynaecology; Paediatrics; Ophthalmology and Radiology.

## Late Starts

Late starts for PGY1s may be accommodated at the discretion of our District. Please note that our ability to facilitate late starts is dependent on various factors and may not be able to be confirmed until later in the year.

## Regular House Officer Teaching

- Weekly RMO Teaching on Wednesday afternoons and Thursday lunchtimes for PGY1s and PGY2s
- RMO Grand Round once a week
- Skills Sessions
- Case Study Presentations
- Resilience and Wellbeing Sessions
- Annual Vocational Pathways Event

## Medical Education and Training Unit (METU)

The Medical Education and Training Unit team facilitates your orientation and the on-going teaching programme, as well as ensuring that you meet your Medical Council of New Zealand requirements. The METU team includes 15 Prevocational Educational Supervisors from a wide variety of specialties who are available to provide you with regular support and guidance.

## Resident Doctors' Support Team (RDST)

The Resident Doctors' Support Team at Waitaha Canterbury is just that: we are here to support you in your employment and training. We deal with the administrative side of your employment, such as recruitment, rostering and leave management.

METU and RDST are co-located and if we can't answer your query, we'll find someone who can!

## Rosters

Rosters vary across the specialities however to give you an idea, most consist of:

- 1 – 2 long days per week (0800-2300)
- 1 in 7 weekends (0800-2300 each weekend day)
- Night duty in blocks of three nights and four nights, each at an approximate frequency of 1:7

Roster frequencies may vary across the Services, however most of the rosters work to a predictable template, to help you to plan your life outside work.

Some services have their own specific house officer out of hours rosters, while other services may participate in combined out of hours rosters.

Out of hours, house officers are supported by the SMO and registrar on their team, as well as by the Clinical Team Coordinators (CTCs). CTCs are senior nurses, usually with experience in ED or ICU, who can offer advice, triage calls and ensure that everyone shares evenly in the work to be done.

There is no need to feel alone out of hours, as help is always close at hand.

### **PGY1 Average Salary 2024**

Salaries vary according to union membership and the workload of the particular service to which you are allocated.

As an example, a first year house officer commencing in General Medicine in January 2023 might expect to be paid a salary as follows:

NZRDA Union \$93,593 p.a.

STONZ Union \$95,800 p.a.

Please note, however, that these rates are subject to change

# Tairāwhiti

## Gisborne Hospital

### Contact

**Natalie Atkinson:** RMO Coordinator

**Email:** [natalie.atkinson@tdh.org.nz](mailto:natalie.atkinson@tdh.org.nz)

**Phone:** 021 816 754 (Work Cell)

**Website:** [www.hauoratairawhiti.org.nz](http://www.hauoratairawhiti.org.nz)

### Why Choose Tairāwhiti?

Learn and experience what real doctors do from your very first year here with lots of hands-on experience under the guidance of our fantastic supportive SMO team.

Be part of a close tight-knit team who end up being your family, sharing beachside accommodation at reasonable cost. Enjoy your early morning surf and sunny bike ride to work.

Fire up that BBQ and enjoy the relaxed, sunny and beautiful coastal town that is Gizzy!!

### Attractions to the Region

- Great summer weather
- Outdoor Lifestyle and Activities (including Hunting, Fishing, Hiking, Mountain Biking, Surfing, Boating etc)

### Selection Criteria

- Good Cover Letter and CV (both Mandatory)
- Local connections/ family/ friends in region or neighbouring regions/towns, been to Gisborne region on attachment (factors considered but not essential)
- Hard-working, reliable and team player
- Interests in line with what Gisborne offers

### Positions Available

The number of positions expected per DHB will be released on the ACE RMO website during 2023.

### PGY1 Runs

- General Medicine (4)
- General Surgery (4)
- Orthopaedics/ENT (2)
- Repeat of either Gen Medicine or Gen Surgery

### PGY2 Runs

- Paediatrics
- Emergency
- Anaesthetic/Emergency
- Reliever
- Community Based Attachments (G.P in town OR Public Health/Rural G.P or Public Health)

## Late Starts

Late starts cannot be facilitated at our hospital. Successful applicants are required to commence work at the start of the House Officer training year in January.

## Vocational Training

- Rural Hospital Medicine Training (Emergency Dept RNZCGP – RHMTTP accredited)
- Basic Surgical Training (Dept. RACS accredited) and SET Trainee Post (RACS accredited)
- Basic Training (Dept. RACP accredited) and Advanced Trainee Post (RACP accredited)
- Paediatric Advanced Trainee Post (RACP accredited)

## Regular House Officer Teaching

- Weekly Protected PGY1 HO Teaching (1hr)
- Weekly Protected PGY2 HO Teaching (1 hr). Can also include Dept. Registrar teaching
- Weekly Grand Rounds
- Departmental Teaching (journal clubs, department grand rounds etc. and daily one-on-one teaching)

## Rosters

Rosters vary across the specialities however to give you an idea on average you will work:

- Safe Hours Rostering – No nights at all in 1st year (at this stage)
- 10 days on and 4 days off (when working full weekends)
- PGY1 Roster 2.5 weekends and 11 evening shifts (per HO quarter)

## PGY1 Average Pay 2023

Union dependant, but majority on STONZ – Category D (50-54.9) Yr 1 = \$92,200pa



## Te Matau a Māui Hawke's Bay

### Hastings Hospital

#### Contact

##### Hawke's Bay RMO Unit

Email: [rmounit@hbdhb.govt.nz](mailto:rmounit@hbdhb.govt.nz)

Phone: 06 878 8109

Website: [hawkesbay.health.nz](http://hawkesbay.health.nz)

#### Why Choose Te Matau a Maui Hawkes Bay

Hawke's Bay Hospital is a 400-bed secondary hospital located in Hastings. All specialities are on site (except Cardiothoracic, Plastics and Neurosurgery).

Serving a regional population of approximately 182,700, Hawke's Bay Hospital is one of the country's largest provincial hospitals and has a key role in providing a high level of care to the wider Hawke's Bay, Wairoa and Central Hawke's Bay.

Hawke's Bay District Health Board offers a wide range of services, including sub-specialities as follows:

- General Medical including Respiratory, Neurology, Cardiology, Infectious Disease, Endocrinology, Dermatology, Gastroenterology, Rheumatology, Gerontology and Nephrology
- Surgical and Orthopaedic - including runs in Ophthalmology, ENT, Urology, Gynaecology, Maxillofacial and Dental
- Paediatric and neo-natal services
- Intensive Care Unit, HDU and Coronary Care
- Emergency Department
- Radiology
- Operating Theatres and Anaesthetics
- Dental and Public Health Service
- Mental Health and Addiction Services

#### Attractions to the Region

We are big enough to offer variety, challenge, quality learning and development opportunities and collegial support. At the same time, we are small enough that friendships flourish, commuting can be fun (nearly 200km of cycle trails connect the main centres of Napier, Hastings and Clive) and we take your work/leisure life balance seriously (supporting staff wellness is an organisational KPI).

The combination of fantastic weather, stunning scenery, beaches, world-class trout-fishing, easy access to the outdoors and the Central Plateau ski fields, established food and wine experiences and a high performing hospital make Hawke's Bay an ideal work/lifestyle destination.

Our region has a population of close to 182,700 people, most of who reside in or around the twin cities of Hastings and Napier. There is a strong sense of community in Hawke's Bay, and whatever your interest, chances are there will be clubs and community organisations who will offer you a warm welcome. Our restaurants, cafés, arts and cultural activities rival those on offer in bigger centres.

Hawke's Bay is only four hours' drive from Wellington, five hours drive to Auckland, and an hour and half to Taupō with its famous trout fishing lake, rivers, ski fields and resorts.

## Selection Criteria

- Mandatory Cover Letter and CV
- Consideration of ACE scoring (for PGY1 applicants)

## Positions Available

The number of positions expected per DHB will be released on the ACE RMO website during 2022.

## PGY1 Runs

- General Medicine
- General Surgery
- Assessment & Rehab
- Orthopaedics
- Relief (4th quarter only)

## PGY2 Runs

- As above +
- Emergency Medicine
- Obstetrics & Gynaecology
- Paediatrics
- Community – Urgent Care/Palliative Care/General Practice
- Psychiatry
- ENT/Dental/Ophthalmology
- Urology
- Renal

## Late Starts

Late starts cannot be facilitated at our DHB. Successful applicants are required to commence work at the start of the training year in January.

## Vocational Training

Diplomas in Obstetrics & Gynaecology and Paediatrics. Basic and Advanced training in:

- Anaesthetics
- ICU
- Emergency Medicine
- Medicine
- Obstetrics & Gynaecology
- Paediatrics
- Psychiatry
- Surgery (General Surgery, Orthopaedics, Vascular and Urology)

## Regular House Officer Teaching

- Informal teaching
- Formal teaching – Grand Rounds, Clinical meetings within specialities, Pathology meetings, Clinic-Radiology meetings and weekly teaching sessions

## Rosters

Rosters vary across the specialities however to give you an idea on average you will work:

- 3-4 weekend per quarter
- 1-2 rostered evenings per week
- 2-3 weeks of night shift per quarter (1st years do not do Nights until the 2nd quarter as long as they have completed a Medical run)
- Number of weekends rostered on average: 3-4 weekends per quarter

## **PGY1 Average Pay 2023**

Union dependant

# Lakes

## Rotorua Hospital

### Contact

**Julie Gibbs:** RMO Unit Manager

**Email:** [Julie.gibbs@lakesdhb.govt.nz](mailto:Julie.gibbs@lakesdhb.govt.nz)

**Phone:** 07 349 7955 x 8941

**Website:** [Te Whatu Ora Lakes](#)

### Why Choose Te Whatu Ora Lakes?

- Small province, excellent for new graduates offering a great opportunity to consolidate your skills across a comprehensive range of services within a diverse and multi-cultural population, with an emphasis on Maori health.
- Friendly & supportive environment
- Modern facilities, short commute, FREE parking, Secure bicycle storage
- Gain hands-on experience in a wide range of clinical conditions
- Easy access to outdoor activities like kayaking and mountain biking

### Attractions to the Region

Short commute to work, Mountain Biking, Lakes, Fishing, Lugging, Beaches, skiing, Māori culture, Tramping, Mountains, White Water Rafting

### Selection Criteria

- Personalised cover letter
- CV or Resume/Photo
- Personal or family connection to the Lakes area
- Consideration of ACE scoring
- References from Supervisors
- Keen interest in working at Lakes (i.e. visit prior to applying)

### Positions Available

The exact number of positions expected per District will be released on the ACE RMO website and ACE RMO Facebook page during 2023.

### PGY1 Runs

- General Medicine
- Psychiatry
- General Surgery
- Community Psychiatry
- Orthopaedics/ ENT
- Community General Practice
- Geriatrics/Rehabilitation
- Community Taupō Hospital

### PGY2 Runs

- As above +

- ICU/Anaesthetics
- Emergency Medicine
- Rehab
- Paediatrics
- Obstetrics & Gynaecology
- Reliever Runs

### Late Starts

Late starts cannot be facilitated. Successful applicants are required to commence work at the start of the training year in January.

### Vocational Training

General Surgery; Anaesthetics; Psychiatry; General Medicine; Radiology; Paediatrics; Ophthalmology; Orthopaedics and Obstetrics & Gynaecology.

### Regular House Officer Teaching

- Weekly teaching sessions
- Department teaching
- Grand Rounds

### Rosters

Rosters vary across the specialities however to give you an idea on average you will work:

**Medical Runs** – Most consist of

- 1 long day in 5
- 1 in 5 weekends (0800-2300 each weekend day)
- 2 - 3 sets of split nights per quarter
- Nights not worked in first 6 months as a PGY1

**Weekend Rosters**

- Medicine – On average 1 in 3 weekends are rostered
- Surgery – On average 1 in 3 weekends are rostered

### PGY1 Average Pay 2023

Category D – non urban - Union dependant

\$86,663 RDAaim

\$92,200 STONZ.

# Te Pae Hauora o Ruahine o Tararua | MidCentral

## Palmerton Hospital

### Contact

**Christine Wood:** Medical Administration Unit

**Email:** [christine.wood@midcentraldhb.govt.nz](mailto:christine.wood@midcentraldhb.govt.nz)

**Phone:** 06 350 8204

**Website:** [MidCentral DHB](#)

### Why MidCentral DHB?

- We are a modern 356 bed hospital
- We provide a supportive learning environment
- Excellent teaching programme
- Plenty of “hands on” experience
- All runs have registrars and consultants
- 4 relief positions to cover leave absences
- 6 relief positions to cover ROs and RDOs
- ‘Prevocational Educational Supervisor Māori’ for our Māori Interns
- Good quality Community Based Attachments
- Excellent library facilities
- 5 minutes from city centre – no traffic hassles!
- Affordable living expenses

### Attractions to the Region

- No commuting time!
- Bike or walk to work!
- Tramping
- Mountain biking
- A wide range of different sports clubs
- Fishing & hunting
- Kayaking
- World class car, truck, motor bike racing and equestrian events at Feilding’s Manfield Park
- Lots of cafés and restaurants
- 3 live theatre companies
- Attractive, vibrant city centre
- Manawatū River Bridle Path
- University City
- 2 hour drive to Mt Ruapehu for Whakapapa and Tūroa ski fields
- 2 hour drive to Hawkes Bay
- 2 hour drive to Wellington
- 3 hour drive to Taupō
- 30 minutes to Himatangi Beach and Foxton Beach

### Selection Criteria

- Academic Achievement Record
- ACE References
- Consideration of ACE scoring

- Personal interests/ hobbies
- Cover letter giving reason for choosing Palmerston North e.g. studied here, family ties, wanting to work in a medium sized DHB

### Positions Available

The number of positions expected per DHB will be released on the ACE RMO website during 2022.

We are open to discussing part-time/flexible working arrangements but please contact us directly prior to applications closing if you would like to be considered for less than full time work.

### PGY1 Runs

- General Medicine
- Respiratory
- Elder Health
- General Surgery
- Orthopaedics
- Obstetrics & Gynaecology (Q4)
- General Practice/Hospice (Q4)

### PGY2 Runs

- As above +
- General Practice
- St John Ambulance
- Hospice
- Medical Education (0.5FTE with balance as Medical or Surgical Relief)
- Medical Imaging
- Cardiology
- Renal
- Emergency
- Haematology
- Medical Oncology
- Radiation Oncology
- Orthopaedics
- Psychiatry
- Old Age Psychiatry
- O&G
- Paediatrics
- Elder Health/ Rehab/ Community
- ENT
- Urology
- ICU (PGY3)
- Relief

### Late Starts

Late starts for PGY1's may be accommodated at the discretion of our DHB. Please note that our ability to facilitate late starts is dependent on a few factors. If you are wanting to be considered for a late start please contact us directly prior to close of applications to discuss your circumstances.

## Vocational Training

All specialities of General Surgery; Orthopaedics; ENT; Urology; General Medicine and Sub-specialities; Anaesthetics; Obstetrics & Gynaecology; Paediatrics; Radiology; Radiation Oncology; Medical Oncology, Haematology; Emergency Medicine; Palliative Care and Psychiatry.

## Regular House Officer Teaching

The Teaching Programme is well supported with a Teaching Group that plans the programme from Trainee Intern through to PGY2. The Medical Education House Officer provides over all coordination including organising facilitators, attending all sessions and managing pagers.

- Weekly PGY1 teaching sessions on Wednesday and Friday
- Weekly PGY2 teaching session on Tuesday
- Grand rounds for Medicine and Surgery
- ACLS/APLS/New Born Life Support
- MDHB wide education programme through Education Centre
- Ko Awatea on line learning
- Departmental teaching

## Rosters

Rosters vary across the specialities however to give you an idea: Both Surgical and Medical House Officer rosters are Schedule 10 rosters with long days and weekends but no nights for the first six months.

## PGY1 Average Pay 2023

Union dependant and pending a run review due 18.04.2022



# Nelson Marlborough

## Nelson Hospital

### Contact

**Loretta Matheson:** RMO Team Lead

**Email:** [Loretta.Matheson@nmhs.govt.nz](mailto:Loretta.Matheson@nmhs.govt.nz)

**Phone:** 03 546 1875

**Website:** [Nelson Marlborough DHB](#)

### Why Nelson Hospital?

- As advised by our present 1st Years – Nelson is a neat close-knit hospital that offers a greater level of clinical experience and is located at the top of the South with good weather throughout the year
- Nice city/beaches/national parks
- Great kayaking, mountain biking, rock climbing, tramping
- Friendly hospital
- Supportive Consultants and Registrars who are keen to teach
- Lots of 1:1 learning
- Lots of hands-on learning/ procedures e.g., ascetic drains, chest drains, intubation, time in theatre
- Lots of opportunities to be involved in frontline patient care
- Good opportunities to continue post grad training
- Very satisfying workplace
- 3 National Parks and a Forest Park within about an hour's drive containing approx. 90 backcountry huts
- Supportive and helpful RMO Unit

### Attractions to the Region

- Lifestyle
- Beaches/Rivers
- Wineries/Breweries
- Mountain Biking, Kayaking, Tramping, Rock Climbing, Sea Swims, Cycle Races, Beach Volleyball etc
- Stable Consultant Staffing

### Selection Criteria

- Mandatory Cover Letter
- Applicant interview process conducted throughout the year and leading up to selection
- Consideration of ACE scoring
- Individual DHB selection criteria (e.g., studied in the region etc. You can work effectively/collegially in a small group)

### Positions Available

The number of positions expected per DHB will be released on the ACE RMO website during 2023.

### PGY1 Runs

- General Medicine
- General Surgery
- Orthopaedics/Dental

- Orthopaedics
- Geriatrics
- Urology
- Gynae/Ophthalmology
- Cardiology
- General Medicine Run Relief Q3/Q4
- General Surgery Run Relief Q3/Q4
- General Relief Q3/Q4

### PGY2 Runs

- As above +
- Anaesthetics
- Emergency
- Psychiatry
- ENT
- O&G Diploma
- Paediatric Diploma
- Psychogeriatrics
- Community – Urgent Care, Hospice, GP, and Community Psychiatry
- Relief

### Late Starts

Late starts for PGY1's may be accommodated at the discretion of our DHB. Please note that our ability to facilitate late starts is dependent on several factors and may not be able to be confirmed until later in the year.

### Vocational Training

All specialities of General Medicine; Cardiology; General Surgery; Orthopaedics; Psychiatry; Urology; Paediatrics; Anaesthetics; O&G; Ophthalmology; Emergency; Paediatric Diploma and O&G Diploma.

### Regular House Officer Teaching

- Tuesday Grand Round
- Wednesday two 45-minute teaching sessions 1200-12.45 and 1245-1330
- Thursday teaching sessions 1200-1300 - well-being subjects
- CORE (Advanced Cardiac Life Support) Courses
- Other miscellaneous courses e.g., PROMPT, Paediatric Life Support, Family Violence, Simulations, Serious Illness Conversation Guide

### Rosters

Rosters vary across the specialities however to give you an idea:

- Generally, 1 long day per week (0800-2200)
- 1 in 4 weekends (one day long, one day short)
- PGY1's at present cover admission shifts 1430-2230 during the week and commence nights any time after six months
- 4/3 split nights and 10/4 roster

**Weekend Rosters:** Vary across specialties however to give you an idea:

- Ward Roster – on average 3 weekends per quarter
- ED Roster (PGY2 and up) 4-5 weekends per quarter

**PGY1 Average Salary 2023**

Union dependant but at present a Category D.

# Nelson Marlborough

## Wairau Hospital

### Contact

**Loretta Matheson:** RMO Team Lead

**Email:** [Loretta.Matheson@nmhs.govt.nz](mailto:Loretta.Matheson@nmhs.govt.nz)

**Phone:** 03 546 1875

**Website:** [Nelson Marlborough DHB](#)

### Why Wairau Hospital?

- Small friendly team
- Great support from Consultants
- Huge potential for growing independence
- No Registrars (one Registrar has been introduced this year on Surgery)
- Fabulous province with equally fabulous weather to do all the activities the area has to offer
- Many opportunities to practice procedures
- Fabulous province
- Supportive and helpful RMO Unit

### Attractions to the Region

- Lifestyle
- Beaches/Rivers
- Wineries/Breweries
- Mountain Biking, Kayaking, Tramping, Rock Climbing, Sea Swims, Cycle Races, Beach Volleyball etc

### Selection Criteria

- Mandatory Cover Letter
- Applicant interview process- conducted throughout the year and leading up to selection
- Consideration of ACE scoring
- Individual DHB selection criteria (e.g., studied in the region etc, can work effectively/collegially in a small group)

### Positions Available

The number of positions expected per DHB will be released on the ACE RMO website during 2023.

### PGY1 Runs

- General Medicine
- Orthopaedics
- General Surgery/ENT
- General Surgery/Urology
- AT&R/ Ophthalmology
- Relief in 3rd and 4th Quarters

### PGY2 Runs

- As above +

- O&G/Paediatrics
- ED
- Relief
- Community – Urgent Care, Hospice and GP

### Late Starts

Late starts for PGY1's may be accommodated at the discretion of our DHB. Please note that our ability to facilitate late starts is dependent on several factors and may not be able to be confirmed until later in the year.

### Vocational Training

- Certificate in Emergency Medicine (PGY2+)

### Regular House Officer Teaching

- Monday lunchtime – Paediatric Teaching
- Wednesday two 45-minute teaching sessions 1200-1245 and 1245-1330
- Thursday teaching sessions 1200-1300 - well-being subjects
- Advanced Cardiac Life Support
- Other miscellaneous courses e.g., Paediatric Life Support, Family Violence, Simulations

### Rosters

Rosters vary across the specialities however to give you an idea:

- 1-2 long days per week (0800-2200)
- 1 in 4 weekends (0800-2200 both days)
- 4/3 split nights and 10/4 roster

**Weekend Rosters:** Vary across specialties however to give you an idea:

- Ward Roster – on average 3 weekends per quarter
- ED Roster (PGY2 and up) 4-5 weekends per quarter

### PGY1 Average Salary 2023

Union dependant but at present a Category E.

## Te Tai Tokerau - Northland

### Whangarei Hospital

#### Contact

**Alex Berry:** RMO Workforce Officer

**Luke Claris:** RMO Workforce Officer

**Email:** [RMO.unit@northlanddhb.org.nz](mailto:RMO.unit@northlanddhb.org.nz)

**Website:** [Northland DHB](#)

#### Why Choose Northland District?

Choose Whangarei for the first step of your medical career. Be close to the action with small teams, a wide variety of services and plenty of opportunities to learn and improve. Make Whangarei your home for two years or more and spend time in the highly regarded Emergency department, Paediatrics or as an O&G house officer working side by side with consultants. Work in an environment that is about supporting your development. Get to work alongside specialists, be able to access support for further study and take advantage of a workplace that rewards those who want to go above and beyond.

#### On-Site

- RMO lounge
- On-site clinical library
- Free on-site 24/7 staff gym
- Free on-site seasonal outdoor swimming pool
- On-site cafeterias

<https://www.facebook.com/NorthlandDHB>

<http://www.northlanddhb.org.nz>

#### Attractions to the Region

Northland's residents indulge year-round in numerous recreational activities, including fishing, diving, canoeing, tramping, and surfing, as well as all the usual leisure and sporting activities. Other activities include, walking/hiking, horse riding, a whole variety of sports and tourist-based activities from tandem skydiving through to dune surfing and quad biking and some of the best golf courses in New Zealand.

<http://www.northlandnz.com/>

#### Selection Criteria

Applicant interviews are at applicant request please consider the criteria below:

- Your reasons for choosing Northland DHB
- What do you see as the benefits of training away from a large training centre?
- In Northland there are significant inequities in health outcomes between Māori & Pākehā, what changes to the health system can most reduce the health inequities suffered by Māori?
- How will you contribute to healthcare in Northland
- Cover Letter Essential. Include a summary on the above criteria
- Consideration of ACE scoring

**Interviews:** For a phone or Face to Face interview Contact the RMO Unit to organise by Email: [RMO.Unit@northlanddhb.org.nz](mailto:RMO.Unit@northlanddhb.org.nz). Interviews must be conducted before ACE closes. Please refer to the DHB information selection criteria.

## Positions Available

The number of positions expected per DHB will be released on the ACE RMO website during 2023.

## PGY1 Runs

- General Medicine
- Renal Medicine
- General Surgery/ Orthopaedics
- Urology
- Oncology
- Assessment & Rehabilitation

## PGY2 Runs

- As above +
- Assessment & Rehabilitation
- Community Based Attachments in Rural Hospital Medicine, Palliative care or General Practice
- ENT
- Emergency Medicine
- Obstetrics & Gynaecology
- Ophthalmology
- Paediatrics
- Psychiatry
- Relief

## Late Starts

Late starts for PGY1's may be accommodated at the discretion of our DHB. Please note that our ability to facilitate late starts is dependent on a few factors and may not be able to be confirmed until later in the year.

## Vocational Training

Northland DHB is committed to training with support for courses, diplomas and study.

- Anaesthesia
- Emergency Medicine
- ENT/ORL
- General Medicine
- General Surgery
- Geriatrics
- Intensive Care
- Orthopaedics
- Paediatrics
- Psychiatry
- Renal
- Urology

Training in a regional centre provides excellent “hands on”, well supervised training. Whangarei has close links with Auckland hospital which provides tertiary care and many sub-specialists do outreach clinics in Whangarei. There are also close links with tertiary centres for educational purposes. There are positions available for basic and advanced trainees with college accredited Registrar training jobs in most specialties.

### **Regular House Officer Teaching**

PGY1 teaching is scheduled twice weekly on a Tuesday and Thursday for 1.5 hours.

### **Rosters**

Rosters vary across the specialities however PGY1's allocated on Medical or Surgical based attachments. On average you will work:

- 1 Long day per week
- 1-2 Short day weekends
- 1-2 Long Day weekends
- 7-11 night shifts per attachment worked in blocks of 4 and 3 nights

### **PGY1 Average Pay 2023**

Union dependant and pending a run review due 18.04.2023



# South Canterbury

## Timaru Hospital

### Contact

**Penny Barlow:** RMO & CD Support Manager

**Email:** [pbarlow@scdhb.health.nz](mailto:pbarlow@scdhb.health.nz)

**Phone:** 03 687 2389

**Website:** [South Canterbury DHB](#)

### Why South Canterbury DHB? (RMO Feedback)

- Lifestyle-work balance is good here
- Only 4 registrars + a few medical students you gain way more experience
- Opportunity for direct hands-on experience with the Consultants
- You feel like a valued member of the team, not just a paper pusher
- Where else will you go straight from manipulating a femur in orthopaedic theatre to holding the camera in a laparoscopic appendectomy
- Whatever run you do, there are always opportunities to branch out and see a wide range of clinical scenarios

### Attractions to the Region

- Large picturesque coastal town
- Central Location – approx. 2 hours from Christchurch and Dunedin
- Many outdoor recreation opportunities, such as boating, surfing, camping, tramping, climbing and skiing
- Within easy reach of sea, lakes, rivers and mountains
- SCDHB Tekapo Holiday Home
- Good range of pubs/bars, cafes and restaurants
- Multiplex Movie Cinema

### Selection Criteria

As a relatively small team of RMO's, candidates need to have a reasonably high level of academic achievement and clinical competence. Most importantly candidates must be able to demonstrate the following characteristics:

- Supportive team member
- Flexible attitude and Resilience
- Self-confident but aware of limitations
- Excellent communication skills
- Understanding of the Timaru hospital environment
- Strong desire to work here

Cover letters are helpful to show your knowledge of the environment provided at SCDHB and explain why you would like to be part of our team.

Referee reports carry considerable weight, and the RMO & CD Support Manager is keen to talk to anyone interested in working here.

## Positions Available

The number of positions expected per DHB will be released on the ACE RMO website during 2022.

### PGY1 Runs

- General Surgical/Urology
- General Surgical/Pain/ENT
- General Surgical/Ophthalmology
- General Surgical/Dental
- General Medical
- General Medical/Age Care
- Orthopaedics

### PGY2 Runs

- As above +
- Obstetrics and Gynaecology
- Emergency Department
- Paediatrics
- Anaesthetics
- Medical Relief
- Surgical Relief
- Night Relief
- Community GP
- Community Mental Health/ Inpatients

### Late Starts

Late starts cannot be facilitated at our DHB. Successful applicants are required to commence work at the start of the training year in January.

### Vocational Training

We are currently accredited in Rural Emergency Medicine Training Registrar which can offer a 6-month placement. The Diploma of Obstetrics & Gynaecology can offer a 6-month placement plus Paediatric Diploma in Child Health.

### Regular House Officer Teaching

House Officers have 2 hours per week protected teaching time.

### Rosters

Rosters vary across the specialities however to give you an idea:

- 1 long day per 1.5 weeks (0800-2200)
- 1 in 3 weekends (0800-2200 and 0800-1600)
- 1 in 4-night duties worked in sets of no more than 4 consecutive nights
- Medical/Surgical Runs – on average 1 in 3 weekends are rostered

### PGY1 Average Pay 2023

Union dependant and pending a run review due 18.04.2022

# Southern

## Dunedin Hospital

### Contact

**Marlene Griffin:** Team Leader

**Email:** [marlene.griffin@southerdhb.govt.nz](mailto:marlene.griffin@southerdhb.govt.nz)

**Phone:** 03 470 9851

**Website:** [Southern DHB Careers](#)

### Why Dunedin Hospital?

- Be part of the Southern Future! Your energy and ideas are welcome here. We're designing a new hospital in Dunedin, creating an incredible opportunity to ask questions about how we want to deliver care in decades to come, and change things up
- Dunedin Hospital is a 388-bed tertiary facility employing over 3,000 staff and servicing an Otago catchment of 181,500 as well as providing tertiary services for a combined catchment of 289,000 and is home to all specialties plus a broad array of subspecialties
- Each year, Dunedin Hospital sees 36,000 emergency department presentations, performs approximately 10,200 theatre operations, 1800 births, and 23,000 discharges
- Learn with, and from, the best. Our partnerships with the University of Otago, Otago Polytechnic and Southern Institute of Technology mean ongoing education, and links to research, are part of the culture of the health system
- Watch our video on why Dunedin Hospital is a great choice by following this link [Dunedin Hospital | Southern Health | He hauora, he kuru pounamu](#)

### Attractions to the Region

Living and working in Dunedin provides for an excellent location to both work and play. With commutes that literally take minutes and with easy access to wonderful beaches, excellent cafes as well as great opportunities to walk, run, hike or bike; Dunedin has it all.

For those who love to explore, there are many local and further afield places to visit. Steampunk in Oamaru, beautiful beaches and scenery in the Catlins, watch the Albatross from the Otago Peninsula or take a guided tour to observe the endangered Yellow Eyed Penguin undisturbed at close range; the opportunities are bountiful. Take a weekend trip to Central Otago and experience the amazing opportunities the region has to offer.

For more information visit <https://southernhealthcareers.nz/> and <https://www.dunedinnz.com/>

### Selection Criteria

- Cover Letter required outlining why applicants are interested in working with us
- Contact with Prevocational Educational Supervisor and / or RMO Unit indicating a desire to work in Dunedin Hospital
- Consideration of ACE scoring including review of referee reports

### Positions Available

The number of positions expected per DHB will be released on the ACE RMO website during 2022.

## PGY1 Runs

- General Medicine
- Cardiology
- General Surgery
- Urology
- Orthopaedics
- Psychiatry
- Older Person's Health
- Mental Health for Older People

## PGY2 Runs

- O&G
- Paediatrics
- Emergency Medicine
- Haematology
- Oncology
- Renal
- Respiratory
- Neurosurgery/Ophthalmology
- Cardiothoracic Surgery
- ENT
- General Surgery Acutes
- Internal Medicine Assessment Unit
- Community Runs
- Rotator Runs

## Late Starts

Late starts for PGY1's may be accommodated at the discretion of our DHB. Please note that our ability to facilitate late starts is dependent on several factors and may not be able to be confirmed until later in the year.

## Vocational Training

- PGY1s are allocated to runs that will provide for a broad and general experience allowing for sub specialisation in their second year
- For PGY2+ Dunedin offers a wide range of vocational training options
- Our Prevocational Educational Supervisors and SMO teams are more than happy to work with Interns regarding career development

## Regular House Officer Teaching

- Weekly teaching session, the University of Otago's Grand Round
- Thursday protected teaching times are sessions arranged by the RMO Unit utilising staff's areas of interest
- Individual departmental teaching

## Rosters

Rosters vary across the specialities however to give you an idea:

- 1 long day per week (Mon - Fri 0800-2230)
- 1 weekend day every 2-3 weeks (0800-2230)

- Split nights (4/3)

### **PGY1 Average Pay 2023**

Union dependant and pending a run review due 18.04.2022

## Southern - Invercargill

### Southland Hospital

#### Contact

**Rhonda Skilling:** RMO Unit Manager

**Email:** [rhonda.skilling@southerndhb.govt.nz](mailto:rhonda.skilling@southerndhb.govt.nz)

**Phone:** 03 470 9570

**Website:** [Southern DHB Careers](#)

#### Why Southland Hospital?

- Southland Hospital is a 157+ bed secondary level 4 base facility situated in Invercargill City
- As a secondary level base hospital, our staff enjoy a broad range of cases which provide good opportunities for those starting off in their careers to gain a wide experience and exposure to clinical cases
- Southland Hospital services a 108,000 population base providing acute medical and surgical, outpatient clinics, day procedures, 24-hour emergency department, comprehensive ancillary facilities including laboratory, medical imaging, medical diagnostics, specialist paediatric, maternity, rehabilitation and therapy services. On average per year at Southland Hospital there are 30,000 Emergency Department attendances, 5,000 theatre operations 1100 births and 17,000 discharges
- In addition to offering an innovative and progressive working environment, Southland Hospital is small and intimate enough for new arrivals to quickly get to know not only their colleagues, but also their patients. This is modern medicine practised in the most personalised way possible
- Here at Southland Hospital your professional life is easily balanced with all that Invercargill and the surrounding environs have to offer. Here you will enjoy a clinically challenging and rewarding job combined with a relaxed and satisfying lifestyle
- Watch our video on why Southland Hospital is a great choice by following this link [Southland Hospital | Southern Health | He hauora, he kuru pounamu](#)

#### Attractions to the Region

Invercargill (Waihōpai) is the regional capital and commercial hub of Southland. Founded in the 1850's, it is New Zealand's southernmost city - and one of the southernmost cities in the world. Numerous heritage buildings give the city a charming old-world quality, while the magnificent Queens Park impresses with its sprawling 80 hectares of beautifully kept gardens, wildlife habitats, playgrounds and sports areas.

Regardless of your interests, Southland offers so many opportunities from which to live and play. Enjoy a quick boat or plane ride over to Stewart Island, a short walk or cycle to one of the many local cafes or a drive along the coastal highway of Oreti Beach. Take a quick trip to one of the many bays surrounding Invercargill and visit the most Southern point of the South Island. Book one of the hospital staff holiday homes in Central Otago and really explore what the region has to offer.

For those who want to get off the beaten track, Southland is the ideal place to be. One of the largest regions in New Zealand, Southland's vast array of lakes, rivers, mountains and open plains make it a place of incomparable and unique beauty. Its rugged coastline, stretching a staggering 3,400 kilometres is one of Southland's most treasured assets. Mostly free of development and home to countless species of native wildlife, it invites visitors back to nature in tranquil surroundings.

For more information visit <https://southlandnz.com/> and <https://southernhealthcareers.nz/>

## Selection Criteria

- Cover Letter required outlining why applicants are interested in working with us
- Contact with Prevocational Educational Supervisor and / or RMO Unit indicating a desire to work at Southland Hospital
- Consideration of ACE scoring including review of referee reports
- Murihiku Health Scholarship recipients who are applying for a position should make themselves known to the RMO Unit team

## Positions Available

The number of positions expected per DHB will be released on the ACE RMO website during 2022.

## PGY1 Runs

- General Medicine
- Orthopaedics
- General Surgery
- AT&R (In second 6 months)

## PGY2 Runs

- The above runs
- Paediatrics
- O&G
- ED
- Psychiatry
- Community Runs
- Trauma / ED (Orthopaedics) – separate application required

## Late Starts

Late starts for PGY1's may be accommodated at the discretion of our DHB. Please note that our ability to facilitate late starts is dependent on several factors and may not be able to be confirmed until later in the year.

## Vocational Training

PGY1s are allocated to runs that will provide for a broad and general experience allowing for sub specialisation in their second year.

For PGY2+ Southland Hospital offers vocational training in the following specialities. Each year we employ a good mix of training and non-training Registrars:

- ED
- Medicine
- O&G
- Paediatrics
- Orthopaedics
- General Surgery
- Anaesthesia

## Regular House Officer Teaching

- Weekly teaching session on a Thursday (Protected)

- Journal Club
- Grand Rounds Weekly
- Departmental Training

## Rosters

Rosters vary across specialties however to give you an idea:

- PGY1 in first 6 months will work:
  - Long days – up to one per week
  - Weekends – approximately 2 -3 per quarter
  - No nights
- PGY1 in second 6 months will work:
  - Less weekends
  - Nights

## PGY1 Average Pay 2023

Union dependant and pending a run review due 18.04.2022



# Taranaki

## New Plymouth Hospital

### Contact

**Abbey Osborne: Team Leader**

**Email:** [abbey.osborne@tdhb.org.nz](mailto:abbey.osborne@tdhb.org.nz)

**Phone:** 06 753 6139 ext 8997

**Website:** [Taranaki DHB Careers](#)

### Why Choose Taranaki DHB?

Taranaki DHB is a great place to work and learn. Junior staff find that the hospital provides a very supportive and friendly working environment. We have a stable Consultant and experienced nursing base to help through those tricky times.

You really get to know everyone, and you get enough time off to enjoy the lifestyle. New Plymouth itself is a vibrant and progressive city and Taranaki is a province with virtually unlimited opportunities for recreation. People love living here.

### Attractions to the Region

- Beaches
- Mountain Biking
- Surfing
- Kite Surfing
- Hiking
- Water sports
- Fishing
- Entertainment and arts
- Endless outdoor opportunities
- Easy relaxed lifestyle

### Selection Criteria

- A cover letter with your application is expected and is your opportunity to stand out
- Formal interviews are not conducted
- ACE scoring is considered with different selection panel members placing their own weighting to each criterion
- Taranaki DHB are looking for applicants with good communication skills who work well in a team and are motivated with a genuine interest in working at Taranaki DHB

### Positions Available

The number of positions expected per DHB will be released on the ACE RMO website during 2022.

### PGY1 Runs

- General Medicine
- Orthopaedics
- General Surgery

## PGY2 Runs

- As above +
- Emergency
- Medical
- Admitting/Relief
- O&G
- Paediatrics
- Community
- Surgical Senior House Officer

## Late Starts

Late starts for PGY1's may be accommodated at the discretion of our DHB. Please note that our ability to facilitate late starts is dependent on several factors and may not be able to be confirmed until later in the year.

## Vocational Training

- General Surgery
- Orthopaedics
- Psychiatry
- General Medicine
- Renal
- O&G
- Paediatrics
- Public Health Medicine
- Rural Hospital Medicine
- Anaesthetics
- Emergency Medicine

## Regular House Officer Teaching

- Protected teaching sessions are held weekly
- Grand Round every Thursday
- Departmental teaching one day per week

## Rosters

Rosters vary across the specialities however to give you an idea on average you will work:

### Medicine

- 1 long day per week (0730/0800-2300hrs)
- 3 weekends per quarter (0730/0800-2300hrs)

### Surgery

- 1 long day per week (0730/0800-2300hrs)
- 2 weekends per quarter (0730/0800-2300hrs)
- 11 night shifts (max)

### Weekend Rosters

- Medicine: 3 weekends per quarter
- Surgery: 2 weekends per quarter

## PGY1 Average Pay 2023

Union dependent

## Waikato

Waikato Hospital

### Contacts

**Waikato District RMO Support Service Manager** Tina Gupwell 027 265 5355  
[tina.gupwell@waikatodhb.health.nz](mailto:tina.gupwell@waikatodhb.health.nz)

**Waikato District RMO Support Recruitment Officer** Marlene Hansen 027 359 0754  
[RMORecruitment@waikatodhb.health.nz](mailto:RMORecruitment@waikatodhb.health.nz)

**Website** [Waikato DHB Careers](#)

### Why Choose Waikato DHB?

Waikato will support you through your prevocational training pathway. Collectively we will, assist you to achieve your general registration with Medical Council. We also have a career counselling pathway and will assist you to make future career choices tailored to your preferences, needs and lifestyle aspirations. We support you further with the design of additional learning options that will assist with selection pathways into desired vocational programs.

While the Waikato hospital has supported the usual range of speciality training (and have been successful in supporting workforce growth in these areas), we are especially focused on the provision of primary care/ general practice pathways to meet the health needs for New Zealanders.

We have 12-13 community-based attachments which you can experience during your first two years. This is an important focus and one we continue to develop.

We are also working steadily to create a rural hospital training program in the Waikato region which will incorporate Thames, Te Kuiti and Tokoroa hospitals.

Annually we survey our house officers and registrars about the learning environment and workplace. One of the questions we have asked; why have you chosen to work at the Waikato hospital? These were some of their top reasons for wanting to further their careers here:

- Excellent senior and junior teaching staff
- Supportive atmosphere with friendly and flexible working environments
- Wide range of specialties on one campus – opportunities to learn procedures
- Empathetic & caring RMO Support Service (RMOSS) dedicated to supporting you
- Availability of good, affordable accommodation close to the hospital
- Outdoor lifestyle options

### Attractions to the Region

- ❖ Hamilton central city – good location for restaurants and pubs
- ❖ Raglan beach and wharf
- ❖ Skiing
- ❖ Cycling
- ❖ Kayaking
- ❖ Fielddays
- ❖ Thames/Coromandel East Coast beaches
- ❖ Round the Bridges [Round the Bridges](#)
- ❖ Rowing (Lake Karapiro)
- ❖ Hakarimata rail trail and walkway
- ❖ Pirongia Forest Walks
- ❖ Caving, white water rafting and glow worm caves

- ❖ Hamilton Lake Domain
- ❖ Hamilton Lake Domain
- ❖ Waikato Artspost and museum

- ❖ Hobbiton
- ❖ Hamilton Gardens
- ❖ Hamilton Zoo

### Selection Criteria

Waikato District uses both the scoring criteria established by ACE, as well as a set of local criteria e.g. local iwi, Whānau/family/home connections, TI at Waikato hospital or prior medical attachments completed here.

### Positions Available

The number of positions expected per District will be released on the ACE RMO website during 2023.

### PGY1 attachments

- |  |                      |
|--|----------------------|
| ✚ General medicine                         | ✚ Orthopaedics       |
| ✚ Cardiology                               | ✚ Plastic surgery    |
| ✚ Haematology                              | ✚ General surgery    |
| ✚ Rehabilitation and elder person medicine | ✚ Neurosurgery       |
| ✚ Mental Health                            | ✚ Paediatric surgery |
| ✚ Community-based attachments              | ✚ Urology            |

### PGY2 Attachments

- |                                    |   |
|------------------------------------|---|
| ✚ All the above options            |   |
| ✚ Medical reliever role            | ✚ Surgery reliever role                 |
| ✚ Gastroenterology                 | ✚ Cardio thoracic surgery               |
| ✚ Neurology                        | ✚ Vascular surgery                      |
| ✚ Oncology                         | ✚ ENT                                   |
| ✚ Geriatrics                       | ✚ Obstetrics & Gynaecology <sup>1</sup> |
| ✚ Paediatric Medicine <sup>2</sup> | ✚ Thames rural hospital                 |

### PGY3+/SHO

- ✚ ED
- ✚ ICU/HDU
- ✚ Anaesthetics

### Late Starting options:

Late starts for PGY1's may be accommodated at the discretion of our District. Please note that our ability to facilitate late starts is dependent on several factors and may not be able to be confirmed until later in the year.

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<sup>1</sup> We support TWO PGY2 house officers undertaking certificates for Women's Health

<sup>2</sup> We also support TWO PGY2 house officers undertaking certificate in Paediatric medicine or equivalent

## Vocational Training

Basic and core vocational training is offered in all speciality services and advanced training/fellowship training in most.

## Regular House Officer Teaching

- Weekly 1-hour teaching sessions (this is protected teaching time with pagers being held for the duration of the teaching)
- Tuesday afternoon (PGY1 level)
- Wednesday afternoon (PGY2/SHO level)
- We run a skills workshop for the PGY1 group annually; these are small group skills activities

## Rosters

Rosters vary across the specialities however to give you an idea on average you will work:

**Medical and Surgical:** Clinical attachments mostly consist of:

- 8 - 13 long days per quarter (0800-2230)
- Up to 3 weekends per quarter (0800-2230 and 0800-1600)
- Medical attachments - 1x set of 7-night duties per quarter (3/4 split) in the second 6 months only may be rostered
- Surgical attachments – nights are split and rostered on a 3/4 split basis = 1 set of nights; one set of nights may be rostered per quarter in the second 6 months only.

## Mental Health

- Cover the medicine after hours roster, so 10x long days and 3x weekends per quarter
- No nights

## Haematology

- 4x long days per quarter (0800-2230)
- 4x weekends per quarter (0800-1200 'on duty' then 'on call' from 1200-2230)
- 1x set of 7night duties (3/4 split) in the second 6 months only may be rostered

**Weekend Rosters:** Rosters vary across specialties but in general terms:

- Medical clinical attachments – up to 3x weekends per quarter.
- Mental Health PGY1s cover on the medicine & respiratory after-hours roster
- Surgical clinical attachments – up to 2x weekends per quarter

## PGY1 Average Pay 2023

PGY1 attachments typically range between Category B to E.

The majority of attachments, however, are either in:

- Category C (55 - 59.9 hours / week) or,
- Category D (50 - 54.9 hours per week).

Salaries per STONZ or NZRDA SECAs

## Wellington Regional District Hospitals

Covering Wellington Regional, Kenepuru, Hutt Valley and Masterton Hospitals

### Contact

**Sangita Prajapati:** RMO Recruitment Adviser  
**Phone:** 04 806 2532 x 5315

**Phinees Bobis:** Recruitment Adviser  
**Phone:** 04 806 2532 x 6867

**Email:** [rmo\\_recruitment@ccdhb.org.nz](mailto:rmo_recruitment@ccdhb.org.nz)

**Pauline Bennett-Tamati:** RMO Unit Manager  
**Email:** [pauline.bennett-tamati@ccdhb.org.nz](mailto:pauline.bennett-tamati@ccdhb.org.nz)

**Website:** [Wellington Regional DHB's Careers](#)



### Why Choose the Wellington Region?

The Wellington region hospitals have 647 RMO positions across the 4 hospitals (Wellington Regional, Kenepuru, Hutt Valley and Masterton). Our RMO positions are rotational which means that you will work across different sites during your time with us.

The Wellington region hospitals endeavour to provide a great RMO experience, through robust medical supervision, teaching and progression opportunities. This means you can meet all your training requirements within the one region which includes the possibility of rural attachments.

### Attractions to the Region

Wellington has repeatedly been voted New Zealand's top life-style city and is the cultural and creative hub of the country renowned for its café culture, fantastic restaurants, sparkling harbour and close to vineyards. For more information about working and Living in Wellington, visit Discover Wellington.

**Wellington:** Wellington is New Zealand's art and culture mecca and a city with something for everyone. From live theatre and performance every night at one of our local theatres to major annual and biennial arts and sports festivals. Wellington is full of fabulous restaurants, excellent coffee, cafes and eateries for you to experience. Surf at Lyall Bay walk the hills or kayak in the inner harbour when you are off duty.



## Capital, Coast and Hutt Valley – Wellington Regional Hospital

Provides secondary and tertiary surgical services and serves a local population of 296,000 and provides tertiary surgical services to a regional population of over 1 million.

Wellington Regional Hospital is a tertiary hospital with modern facilities including a Surgical Assessment and Planning Unit (SAPU) and offers exciting opportunities and top level training. Kenepuru Community Hospital provides predominantly secondary services catering to the communities north of Wellington, including Porirua and Kāpiti.

**Hutt Valley:** The beautiful Hutt valley is home to innovative art and cultural attractions, great shopping, nature escapes and gorgeous seaside communities. Some of the Wellington region's best kept secrets can be found in the Hutt Valley, where New Zealanders first settled and put their roots down. Hutt Hospital is beautifully located four kilometres from the northern shores of Wellington Harbour, 15 minutes' drive from the centre of our nation's vibrant and multi-cultural capital. A huge range of lifestyle choices and communities are available within short driving distance.



Hutt Valley Hospital is renowned in New Zealand for its relationship with its community and willingness to take the initiative. We already have one of New Zealand's top paediatric services, a world-renowned plastic and burns unit, regional rheumatology and public health services, and all our specialties have a strong focus on excellence and innovation.

**Wairarapa:** One of the country's finest wine regions, Wairarapa is just over an hour from Wellington. At the heart of the Classic New Zealand Wine trail, this region of big skies, wide valleys and small towns full of character. Wairarapa blends country charm with luxury retreats, olive groves, vineyard cafes, award winning restaurants and premium wines.

One of the major benefits of going to Masterton Hospital is the increased clinical independence and the opportunity to experience a wider range of clinical opportunities.

### Communication with Interns

We have a variety of methods for communication with interns. A regular RMO bulletin is published with important updates. We are also in regular email contact.

We use MedApp which is installed on all intern work mobile phones and can push alert notifications directly to the relevant recipients. We also have the ability on MedApp to promote resources, additional teaching information as well as surveys.

This is currently rolled out in Wellington, Kenepuru and Hutt hospitals. It is our intention to roll it out in Wairarapa hospital next year.





Masterton Hospital is also able to provide housing for staff rotating to the region. This means you are not required to give up your Wellington accommodation to undertake a rotation in Masterton.

**Kenepuru (Porirua):** Just 20 minutes north of Wellington, Porirua offers peaceful surroundings with vibrant culture, art, shopping and outdoor activities. Go walking along tranquil waterways, sandy beaches and meet friendly people from diverse backgrounds.

**Kenepuru Community Hospital** provides predominantly secondary services catering to the communities north of Wellington, including Porirua and Kāpiti.

### Selection Criteria

The Wellington Region doesn't award additional marks based on the University you are graduating from or to candidates who have interned with us. All applicant CV's, Cover Letters and References are reviewed.

#### Helpful Tips:

- Career progression and aspirations linked to our 3 district hospitals
- Commitments in the Region
- Family/Friends or support in the region

Interested applicants should complete a phone interview via an online expression of interest form. During the interview you will be able to discuss the modules and indicate your choices and preferences.

**Note:** How you score by ACE contributes significantly to your application and your overall score so spend as much time as you can in having a solid ACE application and don't leave contacting your references to the last minute.

### Positions Available

The number of positions expected per district hospital will be released on the ACE RMO website during 2023.



## PGY1 Runs

### Wellington

- Cardiology
- Cardiothoracic
- Medicine
- Neurosurgery
- Obstetrics and Gynaecology (O&G)
- Orthopaedics
- Psychiatry
- Renal
- Respiratory
- Surgery – Upper GI/HPB and Gen/Colorectal
- Urology
- Vascular Surgery
- Community Based attachments – Community Geriatrics, Addictions



### Kenepuru

- General medicine
- Stroke/Rehab
- Surgery/Orthopaedics
- Older Persons Rehabilitation Service (OPRS)

### Hutt Valley

- ENT/Plastics
- General Medicine
- Orthopaedics
- Psychiatry
- Rehabilitation
- General Surgery

### Wairarapa

- Medicine
- Orthopaedics
- Surgery
- Community based Attachment – Working with District Nursing; GPs; Youth Clinics

## PGY2 Runs

### Wellington

- Anaesthetics
- Community Based attachments – Hospice; Addictions; Community Geriatrics
- ED
- Cardiology
- Cardiothoracic
- ENT
- Gastroenterology
- Haematology
- Medicine

- Neurology
- Neurosurgery
- Oncology
- Obstetrics & Gynaecology (O&G)
- Orthopaedics
- Paediatrics
- Psychiatry
- Surgery
- Urology
- Vascular Surgery



### **Hutt Valley**

- Cardiology
- Community Based attachments – Hospice; GP/Public Health; Older Persons Rehab Services
- Medicine
- Obstetrics & Gynaecology (O&G) (suitable for diploma)
- Plastics
- Psychiatry
- Rheumatology

Paediatrics (suitable for Paeds diploma)

### **Wairarapa**

- ED
- Medicine
- Obstetrics & Gynaecology (O&G)/Paediatrics
- Orthopaedics
- Paediatrics
- Surgery

### **Orientation**

All new employees will participate in a full orientation programme to both the hospital and the service in which you will be working.

### **Late Starts**

Late starts for PGY1's may be accommodated at the discretion of CCHV. Please note that our ability to facilitate late starts is dependent on several factors and may not be able to be confirmed until later in the year. A personalised orientation is provided to any intern who requires to start later in the year.

### **Vocational Training**

Gastroenterology; Geriatrics; Haematology; Infectious Diseases; Immunology; Intensive Care; Neurology; Obstetric Medicine; Oncology; Palliative Medicine; Renal; Respiratory; Rheumatology; Intensive Care Medicine; Obstetrics & Gynaecology; Ophthalmology; Paediatrics; Pathology; Psychiatry; Public Health; Radiology; Surgery and Sub-Specialties; Orthopaedics; Paediatric Surgery; Urology; Neurosurgery; ORL Plastic Surgery; Cardiothoracic Surgery; Vascular Surgery and General Surgery.



### Regular House Officer Teaching

CCHV runs a robust and comprehensive intern training programme that is continually being reviewed to ensure the highest standards can be achieved this has meant allocation of more resources when necessary and adaptation to new methods of delivery. In 2020, as a result of the COVID-19 face to face teaching evolved to include the ability to participate in teaching via Zoom on occasions where it is not possible to hold face to face teaching.

This has made the teaching more accessible to interns at our Kenepuru site who can now arrange to be at teaching in person for practical sessions but elect to “Zoom in” for other sessions.

- Weekly teaching session on a Tuesday afternoon 1200-1400
- ALERT course
- CORE – Certificate of Resuscitation & Emergency Care

**Hutt Valley** Hospital also offers a comprehensive teaching programme. The protected teaching slots are held on:

- Tuesday 12.30-13.30
- Friday 08.15-09.15

**Wairarapa** Hospital protected teaching times are held:

- Wednesday lunch time for 1 hours
- Thursday Journal Club

We are committed to supporting interns through their prevocational years in terms of their own stress levels and mental health. Sessions are put aside every quarter in the PGY1 teaching schedule for a “catch up” with the PESS to discuss concerns and get feedback on the teaching programme. The PGY1 teaching programme includes formal sessions that focus on self-care and stress management for example surviving nights, the CCHV approach to bullying, autonomy and LGBT issues.



In addition to the formal weekly PGY1 and PGY2 teaching programmes, all attachments provide weekly specialty specific teaching that the interns attend, for example:

### **Wellington**

Emergency Department	Thursday 9-11am
General Medicine	Monday 12:30-13:30pm and Thursday 12:30-13:30pm
Respiratory	Tuesday 11am-12pm
Cardiology	Tuesday 12:30-13:30pm
Ear Nose and Throat	Friday afternoon
Vascular Surgery	Tuesday morning
General Surgery	Friday morning
Haematology	Journal club Tuesday 10:30am, Teaching Friday 12:30pm
Oncology	Friday 8am
Neurology	Friday 9:30pm

Capital, Coast and Hutt Valley provide an extensive list of additional work-based teaching and training that is available to all CCHV employees through the “ConnectMe” application. This includes, but is not limited to:

- Tikanga Māori
- Open communication
- Understanding bias in health care

### **Rosters**

You will have the opportunity to rotate across each of our three regional hospitals; Wellington Regional hospital and Kenepuru hospital, located in Porirua; Hutt and Wairarapa hospital which is in Masterton. Each hospital will provide a range of different experiences enabling you to build a balanced career.

Rosters are written by the RMO Unit in conjunction with the services and are all fully compliant with RDA and STONZ MECA requirements, and MCNZ provisions.

### **PGY1 Average Pay 2024**

Salaries are based on NZRDA or STONZ MECA.

## Modules for PGY1 Allocations (designed for obtaining general registration)

Each PGY 1 doctor gets to choose 10 top preferences then matched to Job cluster

### Modules PGY1 2023

	<b>Q1</b>	<b>Q2</b>	<b>Q3</b>	<b>Q4</b>
1	H ENT/PLAS	H MED 1	H REHAB 1	M SURG 2
2	H MED 1	H ORTH 1	H ENT/PLAS	H MED 2
3	H MED 2	H ORTH 2	H PSYCH 1	H REHAB 1
4	H MED 3	H ORTH 3	H MED 7	H ORTH 3
5	H MED 4	H PLAS 2	H REHAB 2	M SURG 1
6	H MED 5	H SURG 1	M MED 1	H PSYCH 1
7	H MED 6	H SURG 2	H MED 1	K MED 4
8	H MED 7	H SURG 3	M MED 3	H REHAB 2
9	H MED 8	H PSYCH 1	H SURG 1	K SURG/ORTH 2
10	H ORTH 1	H REHAB 2	M MED 2	H SURG 1
11	H ORTH 2	H MED 5	H SURG 2	H MED 3
12	H ORTH 3	H MED 6	W NRSURG 1	W MED 8
13	H PLAS 2	H MED 7	M Ortho	H MED 1
14	H PSYCH 1	H MED 8	H ORTH 1	H MED 5
15	H REHAB 1	H ENT/PLAS	H MED 3	H SURG 2
16	H REHAB 2	H MED 4	H ORTH 3	H MED 7
17	H SURG 1	H MED 2	H PLAS 2	M MED 1
18	H SURG 2	H MED 3	H ORTH 2	H MED 8
19	H SURG 3	H REHAB 1	H MED 2	H ENT/PLAS
20	K MED 1	W ORTH 1	H MED 4	H PLAS 2
21	K MED 2	W ORTH 3	W MED 6	W PSYCH 1
22	K MED 3	W ORTH 4	W MED 9	W CARDTHCIC 2
23	K MED 4	W OTO	H MED 5	H ORTH 1
24	K MED 5	W NRSURG 1	W MED 7	W CARD 1
25	K STROKE/RHB	W SURG 1	H MED 8	H SURG 3
26	K SURG/ORTH 1	W MED 6	W ORTH 4	K MED 1
27	K SURG/ORTH 2	W MED 7	W ORTH 3	K MED 2
28	M CBA	W MED 3	W ORTH 1	W MED 9
29	W CARD 1	W CBA 3	W MED 1	W SURG 1
30	W CARD 2	K SURG/ORTH 1	W MED 8	M ORTH
31	W CARDTHCIC 2	W MED 8	K MED 4	W ORTH 4
32	W CBA 3	W MED 9	K SURG/ORTH 1	W VASC SRG 1
33	W MED 1	W CBA 1	W CARD 2	W SURG 2
34	W MED 2	K SURG/ORTH 2	W PSYCH 2	W ORTH 1
35	W MED 3	M CBA	W SURG 1	K MED 5
36	W MED 4	W PSYCH 1	W SURG 4	M MED 2
37	W MED 5	W CARDTHCIC 2	K MED 3	W SURG 4
38	W MED 6	W UROL	K SURG/ORTH 2	W ORTH 3
39	W MED 7	W VASC SRG 1	K MED 5	K SURG/ORTH 1
40	W MED 8	W VASC SRG 2	K STROKE/RHB	W MED 1
41	W MED 9	W PSYCH 2	M SURG 2	W MED 7

42	W NRSURG 1	K MED 1	H MED 6	H ORTH 2
43	W ORTH 1	K MED 5	W CBA 3	W MED 5
44	W ORTH 3	W CARD 1	M CBA	W MED 6
45	W ORTH 4	W CARD 2	K MED 1	M MED 4
46	W OTO	K MED 3	H SURG 3	H MED 4
47	W PSYCH 1	W MED 1	M SURG 1	W MED 4
48	W PSYCH 2	W MED 2	W SURG 2	K MED 3
49	W SURG 1	K MED 4	M MED 4	W O&G 2
50	W SURG 2	K MED 2	W CARDTHCIC 2	W MED 3
51	W SURG 4	K STROKE/RHB	W MED 5	M CBA
52	W UROL	W MED 4	W O&G 1	K STROKE/RHB
53	W VASC SRG 1	W RESP	W MED 4	M MED 3
54	W VASC SRG 2	W SURG 4	W MED 3	W CBA 3
55	W CBA 1	W MED 5	W MED 2	W NRSURG 1
56	W RESP	W SURG 2	K MED 2	W MED 2



# Whanganui

## Whanganui Hospital

### Contact

**Louise Torr:** Manager

**Email:** Louise.Torr@wdhb.org.nz

**Phone:** 06 348 3234

**Website:** [Work with us — Te Whatu Ora Whanganui - Whanganui Hospital \(wdwb.org.nz\)](https://www.wdwb.org.nz/work-with-us-te-whatu-ora-whanganui-whanganui-hospital)

### Why Whanganui?

- Our workplace culture is fantastic!
- We want to make you great doctors, and will support you through your training
- We place our patients and community at the heart of all we do
- You will work closely with your seniors and supervisors
- We will give you opportunities to gain and practice procedural skills
- You will see a broad range of patient presentations
- You will have an opportunity to spend time in the operating theatre during your surgical runs
- You will be given more responsibility and opportunities at a junior level, including making treatment decisions, and not just clerking patients
- Whanganui Hospital has a wide range of services including emergency medicine, general medicine, geriatrics, general surgery, orthopaedics, O&G, ENT, ophthalmology, dental and psychiatry
- You will get an opportunity to care for patients in our critical care unit. The various specialties manage patients in their specialty who require a CCU stay.
- We can offer you community-based attachments in urgent care, primary care and palliative care
- We have a culturally diverse workforce delivering high quality and culturally responsive services. We will provide you with orientation and going support to develop your understanding of Te Ao Māori. If you are of Māori descent and have links to Whanganui, we would love you to join us in our work.

### Attractions to the Region

The Whanganui river connects the communities in the region stretching from the sea to the mountain so there isn't a lot you can't do here. We offer stunning landscapes, a mild climate and endless opportunities to experience the great outdoors. There are affordable flights to Auckland, and an easy drive to Wellington. If you enjoy adventure Whanganui is the place to be.

Whanganui offers a modern hospital with forward-thinking clinical and non-clinical staff who are justifiably proud of our achievements to date. Our He Hāpori Ora / Thriving Communities strategy aims to deliver equity, wellness and access to services with a focus on building a stronger, more resilient and healthier community.

Visit our link on moving to Whanganui <https://www.wdwb.org.nz/work-for-us/move-to-whanganui/>

### Selection Criteria

- An alignment with our values of aroha, kōtahitanga, manaakitanga and tino rangatiratanga
- A whanau centred care approach which enables and empowers our people
- Mandatory cover letter required
- Consideration of ACE scoring
- NZ permanent resident or citizen

## Positions Available

The number of positions expected per hospital will be released on the ACE RMO website during 2023, it is usually around eight.

### PGY1 Runs

- General Medicine
- General Surgery
- Orthopaedics
- Geriatrics/ Rehabilitation
- Psychiatry

### PGY2 Runs

- As above +
- Obstetrics and Gynaecology
- Paediatrics
- Emergency Department
- Anaesthetics
- Community based attachments
- Relief

### Late Starts

Late starts for PGY1's can be accommodated.

### Vocational Training

- Orthopaedics
- General Surgery
- Psychiatry
- O&G
- Rural Hospital Medicine
- Anaesthetics

### Regular House Officer Teaching

- Tuesdays and Thursdays
- ALERT
- NLS
- ACLS
- Prompt
- Airway study day
- Trauma study day
- Violence Intervention Programme

### Rosters

Rosters vary across the specialities however to give you an idea on average you will work:

#### Weekend roster:

- 2 long days per week (0730-2230)
- 1 in 3 weekends (0730-2230)

#### Night roster:



- 2 long days per week (0730-2230)
- 1 in 7 weekends (0730-2230)
- 1 in 7-night duties worked in sets of 3 and 4 consecutive nights (2200-0800)

**Emergency Department:**

- 1 in 2+ weekends, including nights (2200-0800)
- 1 in 5+ night duties worked in sets of 3 and 4 consecutive nights

**Psychiatry:**

- 1 in 4+ weekends (0800-2200) and on-call
- 1-2 long days per week (0800-2200) & on call to 0800

**No night shifts**