

# Canterbury District Health Board

<p>Why choose CDHB?</p>	<p>There has never been a better time to consider a career with Canterbury District Health Board.</p> <p>The Medical Council of New Zealand recently gave CDHB an excellent report for its pre-vocational training programme. We are committed to providing RMOs with an excellent employment and training environment in a city that has abundant recreational attractions.</p> <p>Building is well underway for the largest and most complex health care facility redevelopment in the history of the New Zealand public health service here in Christchurch. You could be part of our team of professionals providing world class health care right here!</p> <p>We are in the midst of a major rebuild of our facilities: Burwood Hospital opened in mid-2016 and Christchurch Hospital's Acute Services facility is due to open in 2019. Both hospitals have been designed to provide spacious, modern and purpose built facilities for patients, visitors and staff.</p> <p>Our brand new Outpatients building is already open.</p> <p>Manawa, which is a joint venture between the University of Canterbury, Ara Institute (formerly Christchurch Polytechnic) and the Canterbury DHB, is a multi-storey, state of the art education and training facility on the CDHB campus.</p> <p>A career with us means working for an organisation committed to providing the best health care possible to the people of Canterbury. Opportunities exist for fantastic career development and you will gain extensive experience in a wide variety of specialties and settings.</p> <p>Outside work, you can watch the new city taking shape while you enjoy the variety of theatre, music and sports events on offer throughout the year. Christchurch is also the place to be if you are looking to enjoy an outdoor lifestyle: the mountains are within an hour and a half's drive from the centre of the city and the ocean is only twenty minutes away! Come and join us!</p>
<p>DHB selection criteria for applicant selection</p>	<ul style="list-style-type: none"> <li>• Mandatory Cover Letter and CV</li> <li>• Consideration of ACE scoring (for PGY1 applicants)</li> <li>• Priority for those wanting to return from smaller centres to a tertiary centre</li> <li>• Priority for returning Cantabrians</li> <li>• References from supervisors</li> <li>• Commitment to living and working in Christchurch</li> </ul>
<p>Late Starts</p>	<p>Late starts for PGY1s may be accommodated, at the discretion of our DHB. Please note that our ability to facilitate late starts is dependent on a number of factors and may not be able to be confirmed until later in the year.</p>

PGY 1 runs available	<ul style="list-style-type: none"> <li>• General Medicine</li> <li>• Cardiology</li> <li>• General Surgery</li> <li>• Emergency Medicine</li> <li>• Otolaryngology</li> <li>• Oncology</li> <li>• Orthopaedic Surgery</li> <li>• Acute Psychiatry</li> <li>• Respiratory Medicine</li> <li>• Older Persons Health</li> <li>• Neurology</li> <li>• Plastic &amp; Reconstructive Surgery</li> </ul>
PGY 2 runs available	<p>As above +</p> <ul style="list-style-type: none"> <li>• Community Based Placements <ul style="list-style-type: none"> <li>- General Practice</li> <li>- Older Persons Health</li> <li>- Mental Health</li> <li>- Rural Hospital (Ashburton and West Coast)</li> </ul> </li> <li>• Rehabilitative Medicine</li> <li>• Perioperative Medicine</li> <li>• Relief positions based in medical or surgical services</li> <li>• Cardiology</li> <li>• Cardiothoracic Surgery</li> <li>• Gastroenterology</li> <li>• Oncology</li> <li>• Orthopaedic Outpatients</li> <li>• General Practice</li> <li>• Haematology</li> <li>• Nephrology</li> <li>• Neurology</li> <li>• Neurosurgery</li> <li>• Psychiatry Specialty Services</li> <li>• Respiratory</li> <li>• Older Persons Health Specialty Services</li> <li>• Urology</li> <li>• Obstetrics and Gynaecology</li> <li>• Paediatric Medicine</li> </ul>
PGY 1 Average pay 2016	<ul style="list-style-type: none"> <li>• Medical Runs – C or B MECA run category, on average \$85,000 per annum</li> <li>• Surgical Runs – C or B MECA run category, on average \$85,000 per annum</li> </ul>
Types of roster	<p>Rosters vary across specialties however to give you an idea:</p> <ul style="list-style-type: none"> <li>• Medical runs – most consist of <ul style="list-style-type: none"> <li>• 1-2 long days per week (0800-2300)</li> <li>• 1 in 8 weekends (0800-2300 each weekend day)</li> <li>• Night duty in blocks of 3 nights and four nights, each at an approximate frequency of 1: 8</li> </ul> </li> <li>• Surgical runs – most consist of <ul style="list-style-type: none"> <li>• 1 – 2 long days per week (0800-2300)</li> <li>• 1 in 7 weekends (0800-2300 each weekend day)</li> <li>• Night duty in blocks of 3 nights and four nights, each at an approximate frequency of 1: 7</li> <li>• Most of the rosters work to a predictable template, to help you to plan your life outside work</li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>• Some services have their own specific house officer rosters, while other services , e.g. specialties of internal medicine, have generic rosters in which the house officers cover all of the patients in those specialties</li> <li>• Out of hours, house officers are supported by the SMO and registrar on their team, as well as by the Clinical Team Coordinators (CTCs). CTCs are senior nurses, usually with experience in ED or ICU, who are able to offer advice, triage calls and ensure that everyone shares evenly in the work to be done. There is no need to feel alone out of hours, as help is always close at hand.</li> </ul>
Number of weekends rostered on average	<ul style="list-style-type: none"> <li>• As above...</li> </ul>
Vocational training offered	<ul style="list-style-type: none"> <li>• All specialties of Medicine and Surgery; Psychiatry; Emergency Medicine; Intensive Care Medicine; Anaesthesia; Public Health; Pathology including Anatomical Pathology, Microbiology &amp; Biochemistry; Obstetrics &amp; Gynaecology; Paediatrics, Ophthalmology, Radiology.</li> </ul>
Indicated number of positions available	<ul style="list-style-type: none"> <li>• PGY 1 House Officer –57 for 2019</li> <li>• PGY 2+ House Officer –100 plus</li> <li>• Registrars – 300 plus</li> </ul>
Regular HO teaching available	<ul style="list-style-type: none"> <li>• Weekly RMO Teaching on Wednesday afternoons and Thursday lunchtimes for PGY1s and PGY2s</li> <li>• RMO Grand Round once a month</li> <li>• Skills Sessions</li> <li>• Peer Review Session</li> <li>• Resilience Training</li> <li>• Annual Careers Event</li> </ul> <p>Clinical Skills Unit – you can book in for individual sessions to brush up on particular skills</p>
Key attractions to the region	<p>Christchurch is a vibrant and resilient city. The city has excellent restaurants/bars, theatre and other social attractions. Located in the centre of the South Island, we are close to mountains for skiing and tramping. We have lovely beaches on our doorstep and are close to a great variety of destinations for day trips and short getaways.</p>